Poquita Fe

拍数: 32

级数: Improver - Rumba / Bachata

编舞者: Anthony Kusanagi (INA) - March 2020

音乐: Poquita Fe - Thalia : (Album: Latina)

MAIN DANCE: Rumba (32 Counts)

Start dancing on second beat (count 2) on the word "que" of "Yo se que siempre dudas de mi amor..."

I. SIDE STEPS TO RIGHT - CROSS ROCK - OPEN

- 2-3 R steps to right side, L steps next to R
- 4-5 R steps ti right side, hold
- 6-7 L cross over R, recover to R
- 8-1 L steps to left side, hold

II. HALF JAZZ BOX - BACKWARD STEP - HIP SWAY

- 2-3 R cross over L, L steps backward
- 4-5 R steps backward, hold
- 6-7 L steps slightly to L side with hipsway action to left side, recover to R with hipsway action to right side
- 8-1 recover to L with hipsway action to right side, hold

III. BACKWARD MAMBO - PIVOT 1/2 - FORWARD STEP

- 2-3 R steps backward, recover to L
- 4-5 R steps forward, hold
- 6-7 L steps forward, turn ½ to right then R steps forward (06.00)
- 8-1 L steps forward, hold

(RESTART and TAG will be here)

IV. PIVOT ¼ - CROSS - BACKWARD PIVOT ¼ - CROSS

- 2-3 R steps forward, turn ¼ to left then L steps slightly to left side (03.00)
- 4-5 R cross over L, hold
- 6-7 L steps backward, turn ¼ to right then R steps slightly tobright side (06.00)
- 8-1 L cross over R, hold

RESTARTS: On Session 3

There are two times Restarts on this choreography. They will be on wall 5th and wall 8th. Dance normally until Session 3 (count 1-24) then restart the dance.

TAG: 4 Counts

There is one TAG after the short wall (on wall 5th). Dance the choreography normally until count 24 (Session III). For a nice TAG, please do the dance below:

SIDE TOUCH - DRAG

- 2 R touches to right side on toe
- 3-5 R drags next to L on toe while standing up for 3(three counts)

RESTART THE DANCE

ENDING: BACHATA (34 Counts)

On wall 8th, dance the choreography until count 23 (count 8 on Session III; (7 counts only)). As seen the details below:

III. BACKWARD MAMBO - PIVOT 1/2 - FORWARD STEP

- 2-3 R steps backward, recover to L
- 4-5 R steps forward, hold
- 6-7 L steps forward, turn ½ to right then R steps forward (06.00)





墙数:2

8 L steps forward

Then we continue the dance with the ENDING SESSION below:

I. SIDE STEP TO RIGHT – BUMP – SIDE STEP TO LEFT – BUMP

- 1-2 R steps to right side, L steps next to R,
- 3-4 R steps to right side, L hip bumps to left side on ball
- 5-6 L steps to left side, R steps next to L,
- 7-8 L steps to left side, R hip bumps to right side on ball

II. BACKWARD WALK - BUMP - FORWARD WALK - BUMP

- 1-3 backward walk on R, L, R
- 4 L hip bumps forward on ball
- 5-7 forward walk on L, R, L
- 8 R hip bumps backward on ball

III. PIVOT 1/2 - BUMP - FORWARD STEP - BUMP - RECOVER - BUMP - RECOVER - BUMP

- 1-2 R steps forward, turn ½ to left then L steps slightly forward (06.00)
- 3-4 R steps forward, L hip bumps backward on ball
- 5-6 recover to L, R hip bumps forward on ball
- 7-8 recover to R, L hip bumps backward on ball

IV. SWAY TO LEFT - BUMP - SWAY TO RIGHT - BUMP

- 1-3 L steps slightly to left side, recover to R, recover to L
- 4 R hip bumps to right side on ball
- 5-6 R steps forward, turn ¹/₂ to left then L steps slightly forward (12.00)
- 7-8 R steps forward, L hip bumps backward on ball

V. ENDING POSE

1-2 L steps forward, hold while making a nice ending pose

Enjoy the Dance

For more information, please contact us on: dancetemptations.anthony@gmail.com