

# Lonely

拍数: 64      墙数: 4      级数: High Intermediate  
编舞者: Hiroko Carlsson (AUS) - April 2020  
音乐: Lonely - Joel Corry : (iTunes, amazon)



## (Dance Starts on lyrics)

### [S1] Side Rock, Cross, 1/4R, 1/4R Side Shuffle, Cross, Side

1 2      Rock R to the right, Recover weight on L  
3 4      Cross R over L, Make a ¼ turn right stepping back on L  
5&6      Making a ¼ turn right shuffle to the right R-L-R  
7 8      Cross L over R, Step R to the side (6:00)

### [S2] Behind, Point, Behind, Side, Shuffle Fwd, Step-Pivot 1/2R

1 2      Step L behind R, Point R to the right  
3 4      Step R behind L, Step L to the side  
5&6      Shuffle forward RLR  
7 8      Step forward on L, Make a ½ turn right recover weight on R (12:00)

### [S3] Figure 8

1 2      Step L to left, Cross R behind L  
3 4      Turn ¼ to left stepping forward on L, Step forward on R  
5 6      1/2 pivot to left transferring weight to L, Pivot on L ¼ to left and step R to right  
7 8      Cross L behind R, Turn ¼ to right and step forward on R (3:00)

### [S4] 1/4R, Touch, 1/4R Shuffle Fwd, Step-Pivot 1/2R, Full Turn

1 2      Make a ¼ turn right stepping L to the side, Touch R next to L (6:00)  
3&4      Making a ¼ turn right shuffle forward RLR (9:00)  
5 6      Step forward on L, Make a ½ turn right recover weight on R (3:00)  
7 8      Make a ½ turn right stepping back on L, Make a ½ turn right stepping forward on R (3:00)

### [S5] Step-Pivot 1/4R, 2x Cross Kick, &-Double Heels, &-Heel Grind, Side

1 2      Step forward on L, Make a ¼ turn right recover weight on R (6:00)  
3 4&      Cross kick L over R twice (3 4), Step L to the side (&)  
5 6&      Cross tap R heel over L twice (5 6), Step R to the side (&)  
7 8      Rock forward on L heel twisting L toe from R to L, Recover/step R to the side

### [S6] Back Rock, 1/2R Turning Shuffle Back, Back Rock, Step-Pivot 1/2L

1 2      Rock back on L, Recover weight on R  
3&4      Making a ½ turn right shuffle back LRL  
5 6      Rock back on R, Recover weight on L  
7 8      Step forward on R, Make a ½ turn left recover weight on L\*\* (6:00)

### [S7] Cross, Point, Cross Samba, Behind, Point, 1/4L, Point

1 2      Cross R over L, Point L to left  
3&4      Cross L over R, Rock R to the side, Recover weight on L  
5 6      Step R behind L, Point L to left  
7 8      Make a ¼ turn left cross L over R, Point R to right (3:00)

### [S8] Fwd Rock, 1/2R Fwd, Fwd, Box Cross

1 2      Rock forward on R, Recover weight on L  
3 4      Make a ½ turn right stepping forward on R, Step forward on L

5 6            Cross R over L, Step back on L  
7 8            Step R to the side, Cross L over R (9:00)

**Restart on Wall 5 count 48\*\*(6:00)**

**Please feel free to contact me if you need any further information. ([hirokoclinedancing@gmail.com](mailto:hirokoclinedancing@gmail.com))  
(updated: 1/Apr/20)**

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