One Who Could Break MY HEART



编舞者: Val Saari (CAN) - April 2020 音乐: Break My Heart - Dua Lipa



Intro is 16 counts, begin on the downbeat BEFORE the word "I've"

TOE-STRUTS FORWARD RL, RF ROCK/RECOVER, SHUFFLE FWD 1/2 TURN R

1-2	Touch RF toes forward, Drop heel
3-4	Touch LF toes forward, Drop heel
5-6	Rock RF forward, recover LF
7&8	Shuffle forward (RLR) 1/2 Turn R

LF ROCKING CHAIR, LF ROCK/RECOVER, SHUFFLE FWD TURN 1/2 L

1-2	Rock LF forward, recover RF
3-4	Rock LF back, recover RF
5-6	Rock LF forward, recover RF
7&8	Shuffle forward (LRL) 1/2 Turn L

POINT OUT-IN-OUT-CROSS (FWD)RL

1-2	Point RF to R side, Touch RF beside L
3-4	Point RF to R side, Cross RF over L (optional finger snap)
5-6	Point LF to L side, Touch LF beside R
7-8	Point LF to L side, Cross LF over R (optional finger snap)

RF CROSS ROCK, TURNING SHUFFLES (1/4 R, 1/2 R), SWAY RL

1-2	Cross-rock RF over L, LF recover
3&4	Turn 1/4 R and Shuffle forward RLR
5&6	Shuffle LRL turning 1/2 R

7-8 Step RF right and sway right, sway left

REPEAT

Note: there is a pause in the music but just keep dancing through it

No Tags, No Restarts

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