Feel the Heat



编舞者: Maddison Glover (AUS), José Miguel Belloque Vane (NL) & Roy Verdonk (NL) -

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音乐: I Wanna Dance with Somebody - Whitney Houston: (4:49)



Introduction: (32 seconds) 40 counts after the Wooooooooh! Choreographed in Nice, France.

S1: Cross, Side, Heel Drag, Together, Cross, 3/4 Turn, Lock Step Forward

1,2,3 Cross L over R, step R to R side (slightly back) as you drag L heel back towards R, hold

(continue to drag heel in)

&4,5,6 Step L beside R (&), cross R over L, turn 1/4 R stepping L back (3:00), turn 1/2 R stepping R

fwd (9:00)

7&8 Step L fwd, lock R behind L (&), step L fwd

S2: Rock Forward, Recover Back, Lock Step Back, Toe Strut Back (with Body Roll), Rock Hips Forward, Rock Hips Back

1,2,3&4 Rock R fwd, recover back onto L, step R back, cross L over R (&), step R back

5,6 Touch L toe back (option: body roll back), drop L heel as you 'sit' bending both knees

7,8 Rock hips fwd/ up (weight on R), rock hips back/ down (weight on L)

S3: Forward, 3/4 Turn (optional aerial ronde), Side, Cross Samba, 2x Walks to Diagonal

1,2 Step R fwd, make ½ turn R stepping L back as you swing R out/around (3:00)

3,4 With weight still on L: Continue to hold R leg out as you make a further ¼ turn R (6:00), step

R to R side

5&6 Cross L over R, step R out to R side (&), step L slightly fwd into L diagonal (4:30)

7,8 Walk R fwd (4:30), walk L fwd (4:30)

Easier option for counts 1-4: Step R fwd (1), ½ turn R stepping L back (2), ¼ turn R stepping R to R side (3), hold (4)

S4: Rock Forward, Recover Back, Back, 1/8 Side, Cross, ¼ Forward, ½ Turning Lock Step Back, ½ Turn Forward

1,2,3&4 Rock R fwd (4:30), recover back onto L, step R back, turn 1/8 L stepping L to L side (3:00)

(&), cross R over L

5,6&7 Turn ½ L stepping L fwd (12:00), make ½ turn L stepping R back (6:00), cross L over R (&),

step R back

8 Make ½ turn L stepping L fwd (12:00)

S5: 2x Walks Forward, Hitch, Cross, Side, Sailor with a Heel, Together, Cross

1,2,3,4 Walk R fwd, walk L fwd, hitch R knee up, cross R over (12:00)

5,6&7 Step L to L side, cross R behind L, step L to L side (&), touch R heel fwd into R diagonal

&8 Step R together, cross L over R

S6: Side, ½ Hinge, Hold, Together, Side, 2x ¼ Pivot Turns

1,2,3 Step R to R side, make ½ hinge turn over L stepping L to L side (6:00), hold

&4 Step R together (&), step L to L side

5,6,7,8 Step R fwd, pivot ¼ turn L (weight on L) (3:00), Step R fwd, pivot ¼ turn L (weight on L)

(12:00)

Option: Roll hips anti-clockwise when you make the 2x pivot ¼ turns.

S7: 2x Walks Forward, Lock Step Forward, Rock Forward, Recover Back, ½ Turning Shuffle Forward

1,2,3&4 Walk R fwd, walk L fwd, step R fwd, lock L behind R (&), step R fwd

** RESTART - Wall 5

5,6,7& Rock L fwd, recover back onto R, turn ½ L stepping L to L side (9:00), step R together (&)

8 Turn ¼ L stepping L fwd (6:00)

S8: Kick, Together, Point, Hitch, Ball-Step, Jazz Box with a Touch Together

1&2,3&4 Kick R fwd, step R together(&), point L to L side, hitch L knee up, rock/ step L to L side (&),

recover weight onto R

*RESTART - Walls 1 & 3

5,6,7,8 Cross L over R, step R back, step L to L side, touch R beside L

S9: Forward, Lock Behind, 2x Walks Forward, Kick, Together, Point, Hitch, Ball-Step

1,2,3,4 Step R fwd, lock L behind R, step R fwd, step L fwd

5&6,7&8 Kick R fwd, step R together (&), point L to L side, hitch L knee up, rock/ step L to L side (&),

recover weight onto R

*RESTART: During the FIRST & THIRD walls, you will begin the dance facing 12:00.

Dance to count 60 * and Restart facing 6:00.

** RESTART: During wall FIVE, you will begin the dance facing 12:00.

Dance to count 52** and Restart facing 12:00.

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