My Last Sorry

拍数: 32

级数: Intermediate

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音乐: Last Time I Say Sorry - Kane Brown & John Legend

Count In: 8 counts from start of track, start on lyrics. One easy tag (after 1st wall) and one easy restart (on wall 5).

Step, Sweep, Step, Sweep, Right Mambo, 1/4 Pivot, Cross, Step

1-2 Step forward on right foot, sweep left foot forward 3-4 Step forward on left foot, sweep right foot forward 5&6 Rock forward on right foot, recover weight back on left, step back on right foot &7-8 Pivot ¼ turn left stepping left foot to left side, cross step right foot over left, step left foot to left side

Rock, Recover, Step, Weave, Rock, Recover, 1/4 Turn Left, Rock, Push Recover

- 1&2 Rock back on right foot, recover weight on left foot, step right foot to right side
- 3&4 Step left foot behind right foot, step right foot to right side, cross rock left over right
- 5-6 Recover weight back on right foot, pivot 1/4 turn left stepping forward on left foot
- 7-8 Rock forward on right foot, push back and recover weight back on left foot

Syncopated Weave, 3/4 Spiral Turn, Rock, Recover, Cross, Rock, Recover, Cross

- 1&2 Step right foot behind left, step left foot to left side, step right foot over left 3-4 Turn ³/₄ turn left (weight on left foot) 5&6 Rock right foot to right side, recover weight to left foot, cross step right over left
- 7&8 Rock left foot to left side, recover weight to right foot, cross step left over right

(Restart on wall 5)

Step, Slide, Locking Shuffle, Cross Rock, Recover, ¼ Turn Shuffle

- 1-2 Step right foot to right side, slide and step left foot behind right foot
- 3&4 Step right foot to right side, step and slide left foot behind right foot, step right foot to right side
- 5-6 Cross rock left foot over right, recover weight back on right foot
- 7&8 Pivot ¼ turn left stepping forward on left foot, lock right foot next to left, step forward on left foot

TAG (after first wall):

Step, ½ Turn, Forward Shuffle, Step, ½ Turn, Forward Shuffle

- 1-2 Step forward on right foot, pivot 1/2 turn left
- 3&4 Step forward on right foot, step left foot next to right, step forward on right foot
- 5-6 Step forward on left foot, pivot 1/2 turn right
- 7&8 Step forward on left foot, step right foot next to left, step forward on left foot

On the last wall, you will only get through the first 12 counts of the dance. You can unwind your spiral turn to end up facing the front wall.





墙数:4