

The Only One

COPPER KNOB
STEPSHEETS

拍数: 48 墙数: 4 级数: All Levels
编舞者: Mona Gardner (USA) - April 2020
音乐: I'm the Only One - Melissa Etheridge



Introduction: 32-cts

Group 1: SIDE-POINT R/L, STEP

- 1-2 Point side R out-in
- 3-4 Point side R out-step together
- 5-6 Point side L out-in
- 7-8 Point side L out-step together

Group 2: STEP FORWARD, HOLD, TURN

- 1-2 Step forward R, hold
- 3-4 Pivot turn $\frac{1}{4}$ L
- 5-6 Step forward R, hold
- 7-8 Pivot turn $\frac{1}{4}$ L

Group 3: SIDE-POINT R/L, STEP

- 1-2 Point side R out/in
- 3-4 Point side R out-step together
- 5-6 Point side L out-in
- 7-8 Point side L out-step together

Group 4: STEP FORWARD, HOLD, TURN

- 1-2 Step forward R, hold
- 3-4 Pivot turn $\frac{1}{4}$ L
- 5-6 Step forward R, hold
- 7-8 Pivot turn $\frac{1}{4}$ L

Group 5: WEAVE, RECOVER, TRIPLE STEP

- 1-2 Cross R over L, step side L
- 3-4 Step R behind L, step side L
- 5-6 Cross R over L, recover L
- 7&8 Triple in place R-L-R

Group 6: CROSS, SIDE, BEHIND, TURN $\frac{1}{4}$ R, ROCK/RECOVER, COASTER

- 1-2 Cross L over R, step R
- 3-4 L behind R with $\frac{1}{4}$ R turn, step R forward
- 5-6 Rock forward L, recover R
- 7&8 Step L back, step R back beside L, step forward L

No Tags, No Restarts