Nurlela



拍数: 32 墙数: 4 级数: Intermediate

编舞者: Rini Hukom (INA) & Luci Irawati (INA) - April 2020

音乐: Nurlela - Trio Lestari



I. ROCK CROSS, ROCK SIDE, CROSS SHUFFLE

1&2& Rock cross R over L, Recover on L, Rock R to right side, Recover on L

3 & 4 Cross R over L, Step L beside R, Cross R over L

5&6& Rock cross L over R, Recover on R, Rock L to left side, Recover on R

7 &8 Cross L over R, Step R beside L, Cross L over R

II. BOTAFOGO, 1/4 TURN L, SHUFFLE, CROSS, BACK

1 a 2 Cross R over L, Rock L to left side, Recover on R

3 a 4 Cross L over R, Step R to right side, ¼ turn L Step L forward

5 & 6 Step R forward, Step L beside R, Step R forward

7 – 8 Cross L over R, Step back on R

III. SIDE-CLOSE-CLOSE (2X), BACK-SCUFF (3X), CLOSE

1 a 2 Step L to left side, Step R beside L, Step L in place

(making L wrist rotation to left side)

3 a 4 Step R to right side, Step L beside R, Step R in place

(making R wrist rotation to right side)

5&6& Back on L, Scuff on R, Back on R, Scuff on L 7 & 8 Back on L, Scuff on R, Close R beside L

IV. 1/4 TURN L, 3/4 TURN R, SLIGHTLY SHUFFLE, HIP

1 a 2 1/8 turn L Step L forward, Close R beside L, 1/8 turn L Step L forward

(making R arm straight up , L arm straight down)

3 a 4 ½ turn R Step R forward, Close L beside R, ¼ turn R Step R forward

(making L arm straight up, R arm straight down)

5 & 6 Step L forward slightly, Close R beside L, Step L forward slightly

(with handstyle like beating percusion)

7 & 8 Touch R toe forward slight and hip down, hip up, hip down

(with handstyle like beating percusion)

Step Changed on wall 3 and 7 after 4 count

5&6& Cross L over R, Step R to right side, Touch L toe forward slightly, Step L beside R

7&8& Touch R toe forward slighly, Step R beside L, Touch L toe forward slightly, Step L beside R

And then continue Section II

Submitted by Ella: humasildipusat@gmail.com