Blessed Assurance

级数: Easy Intermediate

编舞者: OMG (AUS) - April 2020

音乐: Blessed Assurance - Alan Jackson : (Album: Precious Memories)

(Music available on Amazon & iTunes)

Start on Lyrics after 12 count in

拍数: 32

[1-8] SIDE SHUFFLE, HOLD, TOE X 2

- Side shuffle to the right step R,L,R, Hold, Tap L toe behind R 1&2.3.4
- 5&6,7,8 Side shuffle to the left step L,R,L, Hold, Tap R toe behind L

[9 - 16] SHUFFLE 1/2 TURN BACK, HOLD, TOE; FORWARD SHUFFLE, HOLD, TOE

- 1&2,3,4 Shuffle step 1/2 turn left R,L,R, Hold, Tap L toe behind (6.00)
- 5&6,7,8 Shuffle forward L,R,L, Hold, Tap R toe behind

[17 - 24] SLOW 1/4 TURN, HOLD, CROSS ; SLOW 1/4 TURN , HOLD, FORWARD

- 1,2,3,4 Step forward R, 1/4 turn left, Hold, Cross R over L (3.00)
- 5,6,7,8 Step L to side, 1/4 turn right, Hold, Step forward L (6.00)

[25 - 32] CROSS ROCK, HOLD, SIDE ; COASTER, HOLD, TOE

- 1,2,3,4 Step R over L, Rock back onto L, Hold, Step R to side
- 5&6,7,8 Step back L, R beside L, Step forward L, Hold, Tap R toe behind

RESTART

TAG ~ At end of WALL 2 (facing front)

[1 – 4] FORWARD ROCK, TOE, HOLD (For duration of no lyrics)

1,2,3,4 Step forward R, Rock back onto L, Tap R toe behind, Hold

ENDING ~ At end of WALL 4 (facing front) Music slows down

Slowly dance Count 1-4 in Restart then

[5 – 8] VINE LEFT, RIGHT SIDE / DRAG

Step L to side, R behind L, Step L to side, Big step R to right side, Slide L towards R, Hold 5&6,7,8

Blessed Assurance ~ Although short at 1.56 mins. it teaches a lot Change of rhythm ; Tag with Restart and of course the ending at the Front Remember you don't have to be religious to enjoy great music and a fine voice

LOOK OUT FOR 'PRECIOUS MEMORIES' MEDLEY ... COMING SOON !





墙数:2