Stay Home



拍数: 64 编数: 2 级数: Phrased Intermediate

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音乐: Stay Home - Big & Rich

Note: The dance begins after 16 counts. Sequenz: A, B, A, B, A, B, B, B* Finish

Abbreviations: RF = Right Foot, LF = Left Foot

A. 1Wall

A, 1. Section: Walk, Walk, Heel, Toe, Shuffle Forward, Step ½ Turn r.

1-2 RF step forward, LF step forward

3-4 tap right heel into the front, tap right toe back

5&6 RF step forward, LF next to RF and RF step forward

7-8 LF step forward, ½ turn right around

(weight on the RF) (6 o'clock)

A, 2. Section: Walk, Walk, Heel, Toe, Shuffle Forward, Step 1/4 Turn I.

1-2 LF step forward, RF step forward

3-4 tap left heel into the front, tap left toe back

5&6 LF step forward, RF next to LF and LF step forward

7-8 RF step forward, ¼ turn left around (weight on LF) (3 o'clock)

A, 3. Section: Cross Shuffle, Side Rock, Behind, Side, Cross, Step ½ Turn I.

1&2 cross RF in front of LF, LF next to RF and cross RF in front of LF
 3-4 LF step to the left, slightly raise the RF and weight back onto RF
 5&6 LF step behind RF, RF step to the right and LF crossing RF

7-8 RF step forward, ½ turn left around (weight back onto LF)(9 o'clock)

A, 4. Section: Shuffle Forward, Rock Step, Sailor Step With 1/4 Turn I., Step 1/2 Turn

1&2 RF step forward, LF next to RF and RF step forward

3-4 LF step forward, slightly raise the RF and weight back onto RF

5&6 ½ turn left around and LF step behind RF, RF next to LF and step LF to the left (6 o'clock)

7-8 RF step forward, ½ turn left around (than weight on LF)(12 o'clock)

Section B: 2 Wall

B, 1. Section: Stomp, Hold, Stomp, Hold, Stomp, Stomp, Applejacks

1-2 RF stomp next to LF, hold 3-4 LF stomp next to RF, hold

5-6 RF stomp next to LF, LF stomp next to RF

turn left toe to the left, at the same time turn the right heel to the left, turn back both

turn the right toe to the right, at the same time turn the left heel to the right, turn back both

B, 2. Section: Cross & Heel r./l., & Heel & Heel, Stomp 2x

1&2	crossing RF in front of LF, LF next to RF and tap forward right heel
IXZ	CIUSSIIIQ IN III IIUIILUI LI , LI TIEXLUU NI AIIU LAPIUIWAIU IIQIIL IIEEI

&3 RF next to LF and crossing LF in front of RF
&4 RF next to LF and tap forward left heel
&5 LF next to RF and tap forward right heel

&6 RF next to LF and tap forward left heel &7-8 LF next to RF and stomp RF next to LF 2x

Finish: Stop here and stomp RF in front of LF!



B, 3. Section: Sailor Step With 1/4 Turn r., Sailor Step I., Sailor Step With 1/4 Turn r., Sailor Step I.

1&2 ¼ turn right around, at the same time RF step behind LF, LF next to RF and RF step to the right (3 o'clock)

LF step behind RF, RF next to LF and LF step to the left

5&6 ½ turn right around, at the same time RF step behind LF, LF next to RF and RF step to the

right (6 o'clock)

7&8 LF step behind RF, RF next to LF and LF step to the left

B, 4. Section: Kickball Change, Point & Point & Heel & Heel & Stomp, Hold

1&2 RF kick, RF next to LF, slightly raise the LF and weight back onto LF 3&4 tap right toe to the right, RF next to LF and tap left toe to the left

&5 LF next to RF and tap right heel forward &6 RF next to LF and tap left heel forward

&7-8 LF next to RF and stomp RF next to LF, hold

Dance, Have Fun & Smile!

3&4

Last Update – 26 May 2020