

You Raise Me Up

COPPER KNOB
BY STEPHEN

拍数: 32 墙数: 4 级数: Intermediate
编舞者: Wandy Hidayat (INA) - April 2020
音乐: You Raise Me Up - Westlife



Intro: 8 count

I. Forward, Kick, Coaster, ¼ Turn, side, Cross, Recover, ½ Turn, ½ Turn

1-2& Step L forward and kick R, step R back, close L beside R
3-4& Step R forward, ¼ turn R stepping L to side, recover on R
5-6& Cross L over R, recover on R, ¼ turn L stepping L forward
7&8& Step R forward, ½ turn L stepping L in place, ½ turn L stepping R forward, step L in place

II. ¼ Turn, NC, Spiral, Walk, Walk, Lifting, Back, Back, ¼ Turn, Sway

1-2& ¼ Turn L stepping R to side, close L behind R, recover on R (9:00)
3-4& ¾ Turn R step L spiral, step R forward, step L forward (6:00)
5-6& Step R forward and lift L to back, step L back, step R back
7-8 ¼ Turn L stepping L to side, recover on R

III. ¼ Turn, Sweep, Together, Lunge, Rolling Vine, Behind, ¼ Turn, ¼ Turn, Side, Recover

1-2& ¼ Turn L stepping L forward and sweep R, cross R over L, close L beside R
3-4& Lunge R to side, ¼ turn L stepping L forward, ½ turn L stepping R back
5-6& ¼ Turn L stepping L to side, cross R behind L, ¼ turn L stepping L forward
7-8 ¼ Turn L stepping R to side, recover on L (6:00)

IV. Cross, Recover, Cross, Kick, Cross Behind, ¼ Turn, Full Turn, Unwind

1-2& Cross R over L, recover on L, step R to side
3-4& Cross L over R and kick R, cross R behind L, ¼ turn R stepping L forward (3:00)
5-6& Step R forward, ½ turn R stepping L back, ½ turn R stepping R forward
7-8 Step L forward, cross R over L and full unwind

There is 1 tag after wall 4 facing 12:00

1-4 Raise your both hand and bring it down

Enjoy the dance.

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