# **Tommy**



拍数: 40 墙数: 4 级数: Beginner

编舞者: Ángeles Mateu Simón (ES) - April 2020 音乐: Coward of the County - Kenny Rogers



#### Hoja traducida por Angeles Mateu

### [1-8]: JAZZBOX ¼, SHUFFLE, JAZZBOX ¼, SHUFFLE.

01 – cross right foot in front of left foot

02 – step back with left foot

03 – Step to the right turning ½ to the right.

& - Equal left foot next to right.

04 – Step with your right foot to the right.
05 - cross with left foot in front of right.
06 - Step back with your right foot.

07 – Step to the left by turning ¼ to the left.

& - Equal right foot next to left.
8 - Step left foot to the left.

## [9-16]: SKATE x 2, SHUFFLE, SKATE X 2, SHUFFLE.

09 – Skate with right foot.
10 – Skate with left foot

11 – Step forward on the right foot.
& – left foot behind the right foot.
12 – Step forward with right foot

13 – Skate with left foot14- Skate with right foot.

15 – Step forward with your left foot.

& - Right foot behind the left.

16 – Step forward with your left foot.

#### [17-24] ROCK, RECOVER, SHUFFLE BACK, ROCK, RECOVER, CROSS SHUFFLE.

17 – Rock with your right foot forward.
18 – Recover weight on left foot

19 – Step back with your right foot. & - left foot in front of the right foot.

20 – Step back with your right foot.

21 – Rock with foot with left foot to the left.
22 - Recover the weight in the right foot.
23 - Cross with left foot in front of right foot.

& - Step with your right foot to the right.

24 – Cross with left foot in front of right foot.

### [25-32] ROCK, RECOVER, BEHIND, SIDE, CROSS, ROCK, RECOVER, BEHIND, SIDE, CROSS.

25 – Rock with right foot to the right.
26 Recover the weight on the left foot.

27 – Right foot behind left.
& – Step left foot to the left.
28 – Right foot in front of the left.
29 – Rock with left foot to the left.

30 – Recover the weight in the right foot.

31– Left foot behind the right.

- & Step with your right foot to the right.
- 32 Left foot ahead of right foot.

## [33-40] HEEL X2, COUSTER STEP, HEEL X2 COUSTER STEP 1/4.

33 - Mark right heel forward.
34 - Mark right heel forward.
35 - Step back with your right foot.
& - Equal left foot next to right.
36 - Step forward on the right foot.

37 – Mark left heel forward.
38 – Mark left heel forward.
39 – step back with left foot.

& - Step forward with right foot turning ¼ to the right.

40 – Step forward with your left foot.

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