

# Not Worth Suffering

**COPPERKNOB**  
STEPSHEETS

拍数: 32      墙数: 4      级数: Improver  
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音乐: No Vale la Pena Sufrir - Limi-T 21



## Intro: 32 Counts

### Sec 1: Side Rock & Side Rock, 1/4 Sailor Step, Step fwd, 1/2 Turn L, Step fwd

1-2      RF. Rock to R side - LF. Recover  
&3-4      RF. Step together - LF. Rock to L side - RF. Recover  
5&6      LF. 1/4 Turn L cross behind RF - RF. Step together - LF. Step fwd (9:00)  
7-8      RF. Step fwd - Pivot 1/2 turn L (3:00)

### Sec 2: Tap R Across L (twice), Step Back, Touch L Across R (twice), Step Back, Tap R Across L, Hold, Step Back, Tap L Across R, Step Back, Tap R Across L

1-2      RF. Tap toe across LF x2  
&      RF. Step back  
3-4      LF. Tap toe across RF x2  
&5-6      LF. Step back - RF. Tap toe across LF - Hold  
&7      RF. Step back - LF. Tap toe across RF  
&8      LF. Step back - RF. Tap toe across LF

### Sec 3: Cross, Side, Sailor Step, Cross, Side, 1/4 Sailor Step L

1-2      RF. Cross over LF - LF. Step side  
3&4      RF. Cross behind LF - LF. Step side - RF. Step side  
5-6      LF. Cross over RF - RF. Step side  
7&8      LF. 1/4 Turn L cross behind RF - RF. Step together - LF. Step side (12:00)

### Sec 4: Samba Step, Cross Point, 1/4 Coaster R, Pivot 1/2 R, Together

1&2      RF. Cross over LF - LF. Rock to L side - RF. Recover  
3-4      LF. Cross over RF - RF. Point toe to R side  
5&6      RF. 1/4 Turn R step back - LF. Step together - RF. Step fwd (3:00)  
7&8      LF. Step fwd - Pivot 1/2 turn R - LF. Step together (9:00)

## Start Again

Tag + Restart: After the 3th wall (3:00)

### Hip Bumps

1-2      RF. Step side and bump hip to R side - Bump hip to L side (weight on LF)

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