Joy To The People

拍数: 32   **墙数:** 4   **级数:** Improver

编舞者: Marja Urgert (NL) & Marianne van der Toorn Vrijthoff (NL) - May 2020

音乐: Alegría Pa'l Pueblo (feat. Tito el Bambino) - Limi-T 21

Intro: 28 Counts from the hard beat

Sec 1: Walk R.L fwd, Step Side and Turn Hips Clockwise, Walk R.L fwd, Step Side and Turn Hips Clockwise

1-2-3-4	RF. Step fwd - LF. Step fwd - RF. Step side and turn hip Clockwise over 2 counts (weight on LF)
5-6-7-8	RF. Step fwd - LF. Step fwd - RF. Step side and turn hip Clockwise over 2 counts (weight on LF)

Sec 2: Step fwd, Pivot 1/2 Turn L, Shuffle fwd, 3/4 Turn R, Cross Shuffle

1-2	RF. Step fwd - Pivot 1/2 turn L (6:00)
3&4	RF. Step fwd - LF. Close beside RF - RF. Step fwd
5-6	LF. 1/2 Turn R step back - RF. 1/4 Turn R step side (3:00)
7&8	LF. Cross over RF - RF. Step side - LF. Cross over RF

Sec 3: R Hip Bumps, Cross Rock, Recover, L Hip Bumps, Cross Rock, Recover

1-2	RF. Step side and bump hips to R x2 (weight on RF)
3-4	LF. Cross rock behind RF - RF. Recover
5-6	LF. Step side and bump hips to L x2 (weight on LF)
7-8	RF. Cross rock behind LF - LF. Recover

Sec 4: Rock fwd, Recover, Shuffle 1/2 Turn R x2, Back Rock, Recover

1-2	RF. Rock fwd - LF. Recover
3&4	Shuffle 1/2 turn R stepping R-L-R (9:00)
5&6	Shuffle 1/2 turn R stepping L-R-L (3:00)
7-8	RF. Back rock - LF. Recover

Start Again

Tag + Restart: After the 8th wall (12:00)
Rocking Chair

1-2-3-4	RF. Rock fwd - LF. Recover - RF. Back rock - LF. Recover

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