Disco Dazzle

拍数: 108

级数: Phrased Improver / Intermediate

编舞者: Mona Gardner (USA) - May 2020

音乐: I Love the Nightlife - Scooter Lee : (Album: Puttin' on the Ritz)

Introduction: 40-counts

Format: ABB; ABB; A through Group 8 at 6:00 wall, B, B; A through Group 7, 1st triple-turn ending at 12:00 wall

(A)

Group 1 HEEL TOUCHES

- 1-2 R heel-touch forward and back diagonally
- 3-4 R heel-touch forward and back diagonally
- 5-6 L heel-touch forward and back diagonally
- 7-8 L heel-touch forward and back diagonally

Group 2: GRAPEVINE, BRUSH

- 1-2 Step side R, step L behind R
- 3-4 Step side R, brush L
- 5-6 Step side L, step R behind L
- 7-8 Step side L, brush R

Group 3: TRIPLE STEPS, ROCKING CHAIR

- 1&2 Triple R forward
- 3&4 Triple L forward
- 5-6 Rock forward R, recover L (Rocking Chair)
- 7-8 Rock back R, recover L

Group 4: PIVOT TURNS, ROCKING CHAIR

- 1-2 Step forward R, pivot turn L 1/4
- 3-4 Step forward R, pivot turn L 1/4
- 5-6 Rock forward R, recover L (Rocking Chair)
- 7-8 Rock back R, recover L

Group 5: CROSS WEAVE, POINT

- 1-2 Cross R over L, step side L
- 3-4 Cross R behind L, side point L
- 5-6 Cross L over R, step side R
- 7-8 Cross L behind R, side point R

Group 6: CROSS POINT

- 1-2 Cross R over L, forward
- 3-4 Cross L over R, forward
- 5-6 Cross R over L, forward
- 7-8 Cross L over R, forward

Group 7: ROCK-RECOVER, TRIPLE ½, TRIPLE ½, ROCK-RECOVER

- 1-2 Rock forward R, recover L
- 3&4 Turning R triple step 1/2 turn (end here 4th time through at 12:00 wall)
- 5&6 Turning R triple step 1/2 turn
- 7-8 Rock back R, recover L

Group 8: STEP, HEEL, STEP, CROSS (R and L)





墙数: 2

- 1-2 Step R to side, touch L heel to diagonal
- 3-4 Step L next to R, cross R over L
- 5-6 Step L to side, touch R heel to diagonal
- 7-8 Step R next to L, cross L over R

(Begin B here, 3rd time through at 6:00 wall)

Group 9: HINGE

1-2	Rock side R, recover L
3&4	Cross R over L (cross and cross)
5-6	Step back L, turn 1/2, step R
7&8	Cross L over R (cross and cross)

Group 10: HINGE

1-2	Rock side R, recover L
3&4	Cross R over L (cross and cross)
5-6	Step back L, turn ½, step R
7&8	Cross L over R (cross and cross)

Group 11: HINGE

1-2	Rock side R, recover L
3&4	Cross R over L (cross and cross)
5-6	Step back L, turn ½, step R
7&8	Cross L over R (cross and cross)

(B)

Group 1: LINDY

- 1&2 Triple Side R
- 3-4 Step back L, recover R
- 5&6 Triple Side L
- 7-8 Step back R, recover L

Group 2: ROCKING CHAIR, TURNING JAZZ BOX

- 1-2 Step forward R, recover L
- 3-4 Step back R, recover L
- 5-6 Cross R over L, step back L
- 7-8 Turn R 1/4, step forward L

Group 3: SWAY

- 1-2 Sway hips R
- 3-4 Sway hips L

NOTE: Can also be performed to I Love the Nightlife by Alicia Bridges from Disco, Original Masters with some modifications. (Disco version)

Last Update - 7 Sept. 2020