

Be A Light, Dammit

拍数: 32 墙数: 2 级数: Beginner Contra
编舞者: Marla Wallace - May 2020
音乐: Be a Light (feat. Reba McEntire, Hillary Scott, Chris Tomlin & Keith Urban) -
Thomas Rhett



Intro – 16 Counts

(1st and 2nd 8 counts, face partner, hold partner's hands in front with partner slightly to your left)

(1x8) RF Cross and Point for 2; Rock Recover; Right Coaster

1,2,3,4 Starting with weight on left foot cross the right in front of the left; point the left, cross the left in front of the right; point the right
5,6,7&8 Rock forward on the right foot, recover on the left; Step back right, step back left, step forward right

(2x8) LF Cross and Point for 2; Rock Recover; Left Coaster

1,2,3,4 Starting with weight on the right foot, cross the left foot in front of the right; point the right, cross the right in front of the left; point the left
5,6,7&8 Rock forward on the left foot, recover on the right; Step back left, step back right, step forward left

(3x8) Weave Right and Left

1,2,3,4 While holding your partner's left hand with your left hand, step the right foot out to the right side; cross the left behind the right; step right foot to the right side; cross the left foot in front of the right
5,6,7,8 Rock right foot out to the right side; recover on the left; cross the right behind the left; put the left foot out to the left side ending with your weight on it

(4x8) Shuffle, Shuffle ¼ turn right, Shuffle ¼ turn right, Step Back, Left, Right Left (Shuffle back) (Holding your partner's left hand with your left)

1&2,3&4 Shuffle towards your partner, right, left right; ¼ turn to the right, taking both partner's hands in yours, shuffle left, right, left;
5&6,7&8 Shuffle right, left, right, ¼ turn to the right; Step back left, step back right, step down on the left

Tag 1 – Syncopated Jazz Square in a Point x 2 (Add tag after second pattern)

1,2&3,4 Cross right foot over left, step left foot back, step right foot out to the right side, step down left, point the right
5,6&7,8 Cross right foot over left, step left foot back, step right foot out to the right side, step down left, point the right

Tag 2 – Sway, Sway (Add tag after 6th pattern)

1,2 Shift weight right, shift weight left