

Be A Light, Dammit

COPPER KNOB
STEPPERS

拍数: 32 墙数: 2 级数: Beginner Contra
编舞者: Marla Wallace - May 2020
音乐: Be a Light (feat. Reba McEntire, Hillary Scott, Chris Tomlin & Keith Urban) - Thomas Rhett



Intro – 16 Counts

(1st and 2nd 8 counts, face partner, hold partner's hands in front with partner slightly to your left)

(1x8) RF Cross and Point for 2; Rock Recover; Right Coaster

- 1,2,3,4 Starting with weight on left foot cross the right in front of the left; point the left, cross the left in front of the right; point the right
- 5,6,7&8 Rock forward on the right foot, recover on the left; Step back right, step back left, step forward right

(2x8) LF Cross and Point for 2; Rock Recover; Left Coaster

- 1,2,3,4 Starting with weight on the right foot, cross the left foot in front of the right; point the right, cross the right in front of the left; point the left
- 5,6,7&8 Rock forward on the left foot, recover on the right; Step back left, step back right, step forward left

(3x8) Weave Right and Left

- 1,2,3,4 While holding your partner's left hand with your left hand, step the right foot out to the right side; cross the left behind the right; step right foot to the right side; cross the left foot in front of the right
- 5,6,7,8 Rock right foot out to the right side; recover on the left; cross the right behind the left; put the left foot out to the left side ending with your weight on it

(4x8) Shuffle, Shuffle ¼ turn right, Shuffle ¼ turn right, Step Back, Left, Right Left (Shuffle back)

(Holding your partner's left hand with your left)

- 1&2,3&4 Shuffle towards your partner, right, left right; ¼ turn to the right, taking both partner's hands in yours, shuffle left, right, left;
- 5&6,7&8 Shuffle right, left, right, ¼ turn to the right; Step back left, step back right, step down on the left

Tag 1 – Syncopated Jazz Square in a Point x 2 (Add tag after second pattern)

- 1,2&3,4 Cross right foot over left, step left foot back, step right foot out to the right side, step down left, point the right
- 5,6&7,8 Cross right foot over left, step left foot back, step right foot out to the right side, step down left, point the right

Tag 2 – Sway, Sway (Add tag after 6th pattern)

- 1,2 Shift weight right, shift weight left
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