Doubles & Bubbles



编舞者: Teresa Tillman (USA) - April 2020

音乐: Champagne Night - Lady A: (Album: Songland)



Intro: 16 counts - Two restarts

(1-8) NC BASIC R, GRAPEVINE W/CROSS, 1/2 TURN W/HEEL BOUNCES, SAILOR

1-2& Large step RF to R, cross LF behind RF, recover on RF stepping across LF

3&4& Step LF to L, RF behind LF, LF to L, cross RF over LF 5&6 Pivot ½ turn L w/three heel bounces (end w/weight on RF)

7&8 Step LF behind RF, step RF to R, step LF forward (1st restart – wall 3)

(9-16) SHUFFLE, STEP PIVOT 1/2, SPIRAL TURN, HOLD, BALL STEP

Step RF forward, LF behind RF, RF forward
Step LF forward, pivot ½ turn to R (weight on RF)

5-6 Step LF forward, drag RF across LF as you do a full spiral turn to R, step RF forward

7&8 Hold, step quickly on ball of LF, step forward on RF

(17-24) KICK, OUT OUT, HEEL TOE HEEL, TOUCH BEHIND, ½ TURN, COASTER W/CROSS

1&2 Kick LF forward, step LF to L side, step RF to R side

3&4 Swivel R heel in towards LF, swivel R toes in towards LF, swivel R heel in towards LF

5-6 Touch R toe back, pivot ½ turn R (end w/weight on RF)

7&8 Step LF back, step RF beside LF, step LF across RF (2nd restart – wall 4)

(25-32) GRAPEVINE, ¾ R UNWIND W/SWEEP, SIDE TOGETHER FORWARD, ¼ TURN L, ½ TURN L

1&2& Step RF to R, step LF behind RF, step RF to R, cross LF over RF

3-4 Unwind ¾ R sweeping RF around and behind LF 5&6 Step LF to L, bring RF to LF, step LF forward

7-8 Turn ¼ L stepping RF to R, turn ½ L stepping LF to L

Repeat

Restart #1: On wall 3, restart after 8 counts, facing 6:00 Restart #2: On wall 4, restart after 24 counts, facing 12:00

Contact: teresatillman1@gmail.com