Нарру Нарру

拍数: 64

级数: Phrased Improver

编舞者: Ping Chen (CN) & Queen (CN) - May 2020

音乐: Happy Happy (feat. Los Mendoza) - Nacho

Intro: 16 counts - Sequence: AAB AB AAAB

SEC A : 32 counts

[1-8] POINT, POINT, SYNCOPATED WEAVE, POINT, ¼ L TOGETHER, 9:00

- 1 2 Point R forward, Point R to R side
- 3&4& Cross R behind L , Step L to L side, Cross R over L , Step L to L side
- 5&6 Cross R behind L , Step L to L side, Cross R over L
- 7 8 Point L to L side , ¼ turn L stepping L together 9:00

[9 – 16] NIGHT CLUB R, ¼ L ROCK, FORWARD, LOCK, LOCK STEP 6:00

- 1 2& Slide R to R, Rock L back, Recover to L
- 34 Rock L to L, ¼ turn L stepping to R 6:00
- 5 6 Step L forward, Lock R behind L
- 7&8 Step L forward, Lock R behind L, Step L forward

[17 – 24] KICK, TOGETHER, POINT, KICK ¼ TOGETHER, POINT, FORWARD, HEELS SWIVEL, COASTER STEP 3:00

- 1&2 Kick R forward, Step R together, Point L to L
- 3&4 Kick L forward, ¼ turn L stepping L together, Point R to R 3:00
- 5&6 Step R forward, Swivel both heels to R, Swivel both heels to center
- 7&8 Step R back, step L together, Step R forward

[25 – 32] STEP, TOUCH, STEP, TOGETHER, VINE, HITCH, VINE 3:00

- 1 2 Step L to L, Touch R next to L
- 3 4 Step R to R, Step L together
- 5&6& Cross R over L, Step L to L, Cross R behind L, Hitch L forward
- 7&8 Cross L behind R, Step R to R, Cross L over R

SEC B : 32 counts

[1-8] HIP R, L, R, L, R, STEP TOUCH, WALK FORWARD 12:00

- 1 2 Bump hip to R (Put L hand to R shoulder), Bump hip to L (Put R hand to L shoulder)
- 3&4 Bump hip to R, L, R (Open arms to side)
- 5&6& Step L to L, Touch R next to L, Step R to R, Touch L next to R
- 7&8 Walk forward L, R, L

[9 – 16] BACK, BACK, ANCHOR STEP, ½ L CAMAL WALK 6:00

- 12 Step R back and touch L forward, Step L back and touch R forward,
- 3&4 Rock R back, Recover to L, Recover to R
- 5&6& Step L diagonal L forward, Lock R behind L, Step L diagonal L forward, Lock R behind L 9:00

7&8 Step L diagonal L forward, Lock R behind L, Step L diagonal L forward 6:00

NOTE: Open L arm from forward to side and make slow turn ½ L during 5—8 counts.

[17 – 24] REPEAT [1 – 8] 6:00

[25-32] REPEAT [9-16] 12:00

Have fun!!





墙数:4

 Contact:
 1625845073@qq.com

 Contact:
 331656671@qq.com