

Burning It Up

COPPER KNOB
STEPPERS

拍数: 48 墙数: 4 级数: Easy Intermediate - Funky
编舞者: Sobrielo Philip Gene (SG) - May 2020
音乐: BURNITUP! (feat. Missy Elliott) - Janet Jackson



Intro: From strong beat at 0.08 (48 counts) start @

[1-8] WALK WALK OUT OUT IN IN KNEE POPS

- 1-2 Walk forward RF (1), walk forward LF (2)
- &3 Step RF to right (&) Step LF to left (3)
- &4 Step RF to center (&), step LF beside RF (4)
- 5& Pop knees out to respective side (5), bring knees back to center (&)
- 6& Pop knees out to respective side (6), bring knees back to center (&)
- 7& Pop knees out to respective side (7), bring knees back to center (&)
- 8& Pop knees out to respective side (8), bring knees back to center (&) (weight on LF)

Note: To make counts 5-8& easier lift heels up..

[9-16] COASTER STEP, 1/2 TURN STEP, WALK FORWARD

- 1&2 Step RF back (1), step LF beside RF (&), step RF forward (2)
- 3&4 Step LF forward (3), Turn 1/2 right (&), step LF forward (4)
- 5-8 Walk forward RF (5), LF (6), RF (7), LF (8) (6:00)

Note: on counts 5-8 walk as funky as u can.

[17-24] ROCK RECOVER STEP, COASTER CROSS, POINT TOUCH STEP, SAILOR 1/4 TURN

- 1&2 Rock forward RF (1), Recover weight onto LF (&), step RF back (2)
- 3&4 Step LF back (3), step RF beside LF (&) cross LF over RF (4)
- 5&6 Point RF to right (5), touch RF beside LF (&), step RF to right (6)
- 7&8 Step LF back (7), making 1/4 left step RF to right (&) Step LF to left (8) (3:00)

[25-32] KICK BALL POINT, KICK BALL POINT, 1/4 POINT, 1/4 POINT, KICK OUT OUT

- 1&2 Kick RF forward (1), step RF beside LF (&), point LF to left (2)
- 3&4 Kick LF forward (&), step LF beside RF (&), point RF to right (4)
- 5-6 1/4 left point RF to right (5), 1/4 left point RF to right (6)(9:00)
- 7&8 Kick RF forward (7), step RF back (&), step LF to left (8)

Note: on counts 7&8 feet will be apart

[33-40] SINGLE HIP, SINGLE HIP, DOUBLE HIPS R/L

- 1-2 Bump hip to right (1), bump hip to left (2)
- 3-4 Bump hip to right twice (3-4)
- 5-6 Bump hip to left (5), bump hip to right (6)
- 7-8 Bump hip to left twice (7-8)

[41-48] WALK WALK, PIVOT 1/2, 'V' STEP

- 1-2 Step forward RF (1), step forward LF
- 3-4 Step forward RF (3) turn 1/2 left (4)
- 5-8 Step RF forward to right (5), step LF forward to left (6), step RF back (7), step LF beside RF (8)(3:00)

Restarts on wall 4 (9:00) & 7 (12:00) , Dance up to section 4 (32 count at 6.00 and 9,00)

Tag: On wall 8 (16 counts), Dance the counts 47, on count 48 is the start of the tag below (front wall)

[1-8]

- 1-4 Pop right knee forward & bring right hand up above head (1), hold for 3 counts (2-4)

5-8 Pop left knee forward & bring left hand up (5), hold for 3 counts (6-8)

Note: Strong man pose on counts (1-8)

1-4 Pop right knee forward & Place both hands to respective side (1), hold for 3 counts (2-4)

5-8 Pop left knee forward & and cross hand in front of chest (5) hold 3 counts (6-8)

**[9-16] Repeat above counts except on last count (16) jump and place feet together
(check video for the Tag)**

Ending: On wall 10, dance 15 counts of the dance, on count 16 make ¼ right stepping LF to left
