

Rock This Town

COPPER KNOB
STEPPERS

拍数: 32 墙数: 4 级数: Improver
编舞者: Tina Argyle (UK) - May 2020
音乐: Rock This Town - Stray Cats : (Album: Stray Cats)



Thanks to Steve Lovett for bringing this track to my attention

Count In : 16 counts from start of heavy beat – start at approx 15 secnds into the track

R Mambo Fwd. Lock Step Back. Coaster Step. L Shuffle Fwd

1& 2 Rock forward onto R, recover weight onto L, step slightly back R
3&4 Step back L, lock R over L, step back L
5&6 Step back R, step back L, step forward R
7&8 Step forward L, close R at side of L, step forward L

Rumba Box. Walk Back With Sweeps. Rock Back.Recover

1& 2 Step R to right side, close L at side of R, step forward R
3&4 Step L to left side, close R at side of L, step back L sweeping R clockwise at the same time
5- 6 Step back R sweeping L anti-clockwise at the same time, step back L sweeping R clockwise at the same time
7- 8 Rock back onto R (lift the L knee if you wish) recover weight forward onto L

Step, Hold ¼ Turn, Hold. Step, Hold ¼ Turn, Hold. Modified Jazz Box With Side Rock, Recover

1- 2 Step fwd R, make ¼ turn left (it will feel like you are holding before the turn, as not using the & count) 9 o'clock
3-4 Step fwd R, make ¼ turn left (it will feel like you are holding before the turn, as not using the & count) 6 o'clock
5- 6 Cross R over L, step back L
7- 8 Rock R out to right side as you push the hip at the same time, recover weight onto L

Mambo Cross Rock R then L. Mammo ¼ Turn, Run ½ Turn

1& 2 Cross rock R over L, recover, step R to right side
3&4 Cross rock L over R, recover, step L to left side
5&6 Cross rock R over L, recover, make ¼ turn right stepping fwd R 9 o'clock
7&8 Run round a ½ turn right stepping L,R,L 3 o'clock

*** TAG at the end of walls 1,4,7 then restart the dance from the beginning ***

Tag Charleston Step. Sailor ¼ turn x3

1-2 Touch R toe forward, step back on R
3&4 Make ¼ turn left sweeping and stepping L in place, step R at side of L, step L in place

*** Repeat the above 4 counts 3 times to complete the tag, you will have made a ¾ turn altogether ***

Last Update - 17 June 2020