

The Rest Of My Life

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 4 级数: Improver WCS
编舞者: Maria Sibila (ES), Malén Martínez-Gil (ES) & Joan X. Targa (ES) - May 2020
音乐: 10,000 Hours - Dan + Shay & Justin Bieber



Intro: 4 counts

STEP x2, ANCHOR STEP, STEP x2, ½ TURN COASTER STEP

- 1-2 RF walk fwd., LF walk fwd.
- 3&4 RF rock behind LF, return weight to LF, return weight to RF
- 5-6 LF walk fwd., RF walk fwd.
- 7&8 ½ turn to L with LF stepping back, RF steps next to LF, LF steps fwd. (6:00)

POINT x2, ¼ TURN SAILOR STEP, POINT x2 ¼ TURN SAILOR STEP

- 1-2 Point RF crossed in front of LF, point RF to R side
- 3&4 ¼ turn R with RF crossing behind LF, LF step to L, RF step to R (9:00)
- 5-6 Point LF crossed in front of RF, point LF to L side
- 7&8 ¼ turn L with LF crossing behind RF, RF step to R, LF step to L (6:00)

STEP, TURN, STEP, HOLD, PIVOT TURN x2 (FULL TURN), CAMEL WALK x2

- 1-2 RF step fwd., ½ turn L putting weight on LF (12:00)
- 3-4 RF step fwd., hold (with head nod)
- 5-6 ½ turn to R and LF step back, ½ turn to R and RF step fwd. (12:00)
- 7-8 LF step fwd. while RF does knee pop, RF step fwd. while LF does knee pop

STEP & SWEEP x2, COASTER STEP, OUT-OUT, IN-CROSS, UNWIND, TOUCH

- 1-2 LF step back while sweeping RF from front to back, RF step back while sweeping LF from front to back
- 3&4 LF step back, RF step next to LF, LF step fwd.
- &5&6 RF step to the R, LF step to the L, RF step to center, LF cross in front of RF
- 7-8 ¾ turn to R (weight over LF), RF touch next to LF (9:00)

(at the end of the 7th wall (end of dance) we only do ½ turn unwind to finish the dance at 12:00)

TAG 1: 8 counts at the end of the 2nd wall, we are facing 6:00

- 1-2 RF step fwd., LF point to the L (snap fingers both hands)
- 3-4 LF step fwd., RF point to the R (snap fingers both hands)
- 5-6 RF step back, LF point to the L (snap fingers both hands)
- 7-8 LF step back, RF point to the R (snap fingers both hands)

TAG 2: 4 counts at the end of the 5th wall, we are facing 9:00 (snap fingers in a semi-circle)

- 1 Snap fingers (right hand) crossed in front of body at elbow height
- 2 Snap fingers (right hand) crossed above head to L
- 3 Snap fingers (right hand) above head to R
- 4 Snap fingers (right hand) to R at elbow height

ENJOY THE DANCE