Banana

级数: High Beginner

编舞者: Andrico Yusran (INA) - May 2020

音乐: Banana (feat. Shaggy) - Conkarah

No Tag No Restart

拍数: 32

Start Dance after intro music 16 counts

S1# SAMBA WHISK - CROSS BACK SYNCOPATED

- 1a2 Step R cross over L - L side, R tap in place
- 3a4 L cross over R - R side, L tap in place
- R cross over L , L back , R back , L cross back over R 5&6&
- R back, L back, R back (weight On R) 7&8

S2# TAP - FORWARD - LOCK SHUFFLE - SIDE - CLOSE - SIDE - CLOSE (with body roll)

- 1-2 Step L tap in place, R forward
- 3&4 L forward, R lock behind L, L forward
- 5-8 R side, R close beside L, L side, L close beside R (with body roll)

S3# BACK - BACK - BACK - CLOSE (hands styling) - SWAY

- 1-2 Step R back with R elbow open to R, L back with L elbow open to L
- 3-4 R back with R punch forward, L back with L punch forward
- 5-8 Making sway R - L - R - L with both elbow bend (hands styling)

S4# FORWARD SHUFFLE - LOCK SHUFFLE - JAZZ BOZ 1/4

- 1&2 Step R forward, L close beside R, R forward
- 3&4 L forward , R lock behind L , L forward
- 5-8 R cross over L , L back , R 1/4 turn to R , L forward

Enjoy The Dance

Contact: ricoyusran@yahoo.com





墙数:4