La La La (라 라 라)



编舞者: Sunjin Park (KOR) - May 2020

音乐: LALALA (라라라) - SG Wannabe (SG 워너비)



Intro: 34 counts - Start with strong beat (weight on L) No Tag, No Restart

(1-8) Diagonal Rock Forward Recover, Rock Side Recover ×2, Opposite

1&2& (10:30) Diagonal rock forward on R, recover on L, rock R to R side, recover on L

3&4 (10:30) Diagonal rock forward on R, recover on L, step R to R side

5&6& (1:30) Diagonal rock forward on L, recover on R, rock L to L side, recover on R,

7&8 (1:30) Diagonal rock forward on L, recover on R, step L to L side

(9-16) Jazz Box Forward,, Jazz Box Cross

1-2 Cross R over L, step back on L
3-4 Step R to R side, step forward on L
5-6 Cross R over L, step back on L
7-8 Stap R to R side, cross L over R

(Option: Wrist shaking in front of chest)

(17-24) 3/4 Turn Around Walk, Walk, Shuffle, Walk, Walk, Shuffle Forward

1-2 1/4 Turn R and walk on R, walk on L
3&4 1/4 Turn R and shuffle on R, L, R
5-6 1/4 Turn R and walk on L, walk on R,
7&8 Shuffle forward on L, R, L (9:00)

(25-32) Out, Out, Chasse R, Out, Out, Chasse L

1-2 Step R to the R(out), step L to the L(out)

3&4 Step R to R side, step L next to R, step R to R side

5-6 Step L to the L(out), step R to the R(out)

7&8 Step L to L side, step R next to L, step L to L side

Contact:sunjinpark0429@gmail.com