

Rock Me

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 2 级数: Beginner
编舞者: Kevin Richards (USA) - May 2020
音乐: You're The One Who Rocks Me - Heather Richards



[1-8] R-L-R Rock L Scuff, L-R-L Rock R Scuff

1-4 Right Rock Forward at angle Right, Left Recover, Right Rock Forward, Left Scuff Forward
5-8 Left Rock Forward at angle Left, Right Recover, Left Rock Forward, Right Scuff Forward

[9-16] R Step L Scuff, L Step R Scuff, R-L-R-L Rocking Chair

1-4 Right Step Forward, Left Scuff Forward, Left Step Forward, Right Scuff Forward
5-8 Right Rock Forward, Left Recover Back, Right Rock Back, Left Recover Forward

[17-24] R Step Pivot ½ Left, R Shuffle, L Shuffle, R Rock L Recover

1-2 Right Step Forward, Pivot ½ Turn Left
3&4 Right Shuffle Forward (R-L-R), Now Facing 6 O'Clock
5&6 Left Shuffle Forward (L-R-L)
7-8 Right Rock Forward, Left Recover Back

[25-32] R Back L Flick, L Back R Flick, R L Stomp, Clap Twice

1-4 Right Step Back at angle Right, Left Flick Forward, Left Step Back at angle Left, Right Flick Forward
5-8 Right Stomp, Left Stomp, Two Claps

*At the end of the fourth wall, repeat 5-8 (stomp, stomp, clap, clap), facing 12 O'Clock