All the 7 Seas (Alle 7 Zeeën)



拍数: 32 墙数: 4 级数: Ultra Beginner

编舞者: Russell Breslauer (USA) - May 2020

音乐: Over Alle 7 Zeeën (On All 7 Seas) by Lindsay



Start on singing

Section 1: SKATE X 4

1 - 8 Skate R, hold, L, hold, R, hold, L, hold

Section 2: TOE STRUTS BACK 4.

1 - 8 Toe struts back RLRL

Section 3: CROSS SIDE BEHIND TOUCH IN OUT IN HOLD

1 - 4 Cross R over left, L to left, R behind left, touch L to side

5 - 8 Point L next to right, out to side, next to right, hold

Section 4: CROSS SIDE BEHIND TOUCH JAZZ BOX 1/4 RIGHT (* for 1-wall)

1 - 4 Cross L over right, R to right, L behind right touch R to side

5 - 8 Cross rock R over left, recover on L, R 1/4 turn to right, L next to right.

* For a 1-wall dance do CROSS SIDE BEHIND TOUCH (IN OUT IN HOLD)

1 - 4 Cross L over right, R to right, L behind right touch R to side

5 - 8 Point R next to left, out to side, next to left, hold

Tag - after wall 2 and 7

1 – 4 Sway Right Left Right Left

Repeat to end

Last update 5/31/20

Contact: BreslauerDanceSF@Yahoo.com