

# Nena

**COPPER** KNOB  
STEPSHEETS

拍数: 64      墙数: 2      级数: Intermediate  
编舞者: Roy Hoebe (NL) - June 2020  
音乐: Nena - Mamacita, Roy Paci & Didy



Restart on wall 2 after 16 counts

Intro: 16 counts.

**(1-8) Mambo back ½ turn, mambo back, mambo right, mambo left.**

1&2      RF mambo back, LF recover weight ½ turn left, RF step back.  
3&4      LF mambo back, RF recover weight, LF step next RF.  
5&6      RF mambo right, LF recover weight, RF step next LF.  
7&8      LF mambo left, RF recover weight, LF step next RF.

**(9-16) Lock step forward, out-out, in-in, knee pop.**

1-2      RF step forward, LF lock behind RF.  
3&4      RF step forward, LF lock behind RF, RF step forward.  
5&6      LF step heel out forward, RF step heel out forward, LF step in.  
7&8      RF step in, Right elbow to right side of chest, LF knee pop weight transfer, look left.

**(17-24) Snap right, sailor step, cross, cross, hitch.**

1-2      Snap right hand right, look forward.  
3&4      LF cross behind RF, RF step right, LF step left.  
5&6      RF cross behind LF, LF step left, RF cross over LF.  
&78      LF step left, RF cross behind LF LF hitch, LF cross behind RF.

**(25-32) Side rock, side rock, paddle turn full.**

1&2      RF side rock, LF recover weight, RF cross behind LF.  
3&4      LF side rock, RF recover weight, LF cross over RF.  
5&6      RF ⅛ turn left paddle right, RF ⅛ turn left paddle right, RF ⅛ turn left paddle right.  
7&8      RF ⅛ turn left paddle right, RF ⅛ turn left paddle right, RF ⅛ turn left paddle right.

**(33-40) Step turn, step sweep, rock forward, hitch ¼ turn.**

1-2      RF step forward, LF ½ turn left step forward.  
3-4      RF step forward, LF ¼ turn right sweep forward.  
5-6      LF rock forward, RF recover weight.  
7-8      LF step forward, RF hitch ¼ turn left.

**(41-48) Out-out, hip swing, ¾ turn.**

1-2      RF step out forward, LF step out forward.  
3-4      RF hip swing right, LF hip swing left.  
5-6      RF ¼ turn left step right, LF ¼ turn left step left.  
7-8      RF ¼ turn left step right, LF step next RF.

**(49-56) Rumba box.**

1-2      RF step right, LF step next RF.  
3&4      RF step forward, LF step next RF, RF step forward.  
5-6      LF step left, RF step next RF.  
7&8      LF step back, RF step next LF, LF step back.

**(57-64) Rock back, ½ turn, rock back, ¼ turn slide.**

1-2      RF rock back, LF recover weight.  
3-4      RF ½ turn left step back, LF step back.

5-6 RF rock back, LF recover weight.  
7-8 RF ¼ turn left step right, LF step next RF.

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