Forever More



音乐: That's What Friends Are For - Dionne Warwick, Elton John, Gladys Knight &

Stevie Wonder



S 1 : STEP FORWARD, PIVOT 1/2, TURN BACK 2X, SIDE CROSS, ROCK RECOVER

1 2 & 3 Step RF Forward, step LF, Pivot 1/2 turn R, step LF forward

4 & 5 make 1/2 turn L stepping RF back (12.00), make 1/2 turn L stepping LF (06.00), side RF to R

6&7 cross LF behind RF, side RF to R, cross rock LF over RF

recover onto RF, side LF to L, cross RF over LF diagonally (4.30)

S 2: STEP FORWARD, ROCKIN CHAIR, KICK HOOK, TURN BACK, WALK WALK LIFT UP

2 3&4& Step LF forward, rock RF forward, recover onto LF,rockback RF, recover onto LF

5&6&7 kick forward on RF, bending knee and cross RF over LF, step RF forward, make 1/2 turn R

stepping LF (10.30), rock RF back

8 & 1 recover onto LF forward, step RF forward, rock LF forward with lift up back RF

S 3: COASTER, CROSS WITH SWEEP, SIDE CROSS BEHIND, TURN 1/4 SWAY

2&3 Recover RF back, close LF beside RF, step RF forward 1/8 turn L sweeping LF back to font

(9.00)

4&5 Cros LF over RF, step RF to R, step LF back sweeping RF front to back,

6&7 8& step RF back, step LF to L, make 1/4 turn L rock RF to R (6.00), recover onto LF, recover

onto RF

S 4 : SIDE, CROSS BEHIND, 1/4 TURN L, BACKWARD, POINT, FULL TURN, WALK

1 2& Side LF to L, cross RF behind LF, make turn 1/4 L (03.00) step LF forward

3& 4& Rock RF forward, recover onto LF, back RF on L, back LF

5 Point RF (1/4 turn your body 12.00)

&6&7 8& Step RF forward (03.00), make 1/2 turn R back LF, make 1/2 turn R step RF, step LF

forward, 1/2 turn R stepping R in place, step RF forward, step RL forward.

S5: ROCK RECOVER

1 2 Rock RF forward, recover onto LF

Tag: after walls 1 & 3

ROCK RECOVER, CLOSE, SIDE DRAG AND TOUCH

&1 2& Back RF, make 1/4 turn L rock LF to L (06.00), recover onto RF, close LF to RF

3 4 RF step side dragging LF to RF and turn L 1/4 and touch RF beside LF