

拍数: 32 墙数: 4 级数: Intermediate NC style

编舞者: Kate Sala (UK) - June 2020 音乐: Stand by Me - John Newman



Intro: 32 counts.

Turn 1/4 Right, Rock 1/2 Turn Step.	Step Pivot 3/4 Turn Left, Step.	Back, Together Forward Lock Step.
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1	Turn 1/4 right stepping forward on R.
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2 & 3	Rock forward on L. Recover on to R. Turn 1/2 left stepping forward on L.
4 & 5	Step forward on R. Pivot 3/4 turn left. Step R out to right side. 12 0'clock

6 & Step back on L. Step R next to L.

7 & 8 Step forward on L. Lock step R behind L. Step forward on L. *(restart during wall 3)

Forward Rock, Recover, Coaster Step, Step Forward, Step pivot 1/2 Turn Right, Forward Lock Step.

1	Step forward on R.
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2 & Rock forward on L. Recover on to R.

3 & 4 Step back on L. Step R next to L. Step forward on L.

5 Step forward on R.

6 & 7 Step forward on L. Pivot 1/2 turn right. Step forward on L. 6 0'clock

8 & 1 Step forward on R. Lock step L behind R. *(restart during wall 1 and 6) Step forward on R.

Step Pivot 1/4 Turn Right Cross, Syncopated Scissor Step, Basic NC Step Left, Long Step Right, Sailor Step 1/2 Turn Left.

2 & 3	Step forward on L. Pivot 1/4 turn right. Cross step L over R.
& 4 &	Step R to right side. Step L next to R. Cross step R over L.
56&	Long Step on L to left side. Cross rock R behind L. Slightly cross step L over R.
7	Long step on R to right side.
8 & 1	Cross step L behind R. Turn 1/2 left stepping R in place. Small step forward on L.

Pivot 1/2 Turn Right, Turn 1/2 Right With Sweep, Behind, Side, Cross, Sweep, Cross 1/2 Turn, Sway.

2 3	Pivot 1/2 turn right. Turn 1/2 right stepping back on L sweeping R round from front to back.
4 & 5	Cross step R behind L. Step L to left side. Cross step R over L sweeping L round from back to front.
6 & 7	Cross step L over R. Turn 1/4 left stepping back on R. Turn 1/4 left stepping L to left side.
8 &	Small sway, swaying hips R, L.

Start Again Enjoy

Note: Restart during wall 1, after 16 Counts (8 & Turn 1/4 right starting again facing 6 0'clock)

Restart during wall 3, after 8 counts (facing 3 0'clock)

Restart during wall 6, after 16 counts (8 & Turn 1/4 right starting again facing 3 0'clock)