

I Can't Stand the Rain

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 4
编舞者: Jill Weiss (USA) - June 2020
音乐: I Can't Stand the Rain - Seal

级数: Beginner / Improver



- alt music -

I'll Tell You What" by Rick Tippe

Have Fun Go Mad by Blair

Dance starts after a vocal introduction and a pause...start when Seal sings "Rain" approx. 23 seconds into track.

NO TAGS, NO RESTARTS!

(This dance was written as an easier floor split for the classic intermediate dance to the same music.)

JAZZ BOX WITH STEP FORWARD, SHUFFLE FORWARD, ROCK FORWARD, REPLACE

1-2-3-4 Cross R in front of left, step back on L, step R to right side, step L forward
5&6 Step forward on R, bring L next to R, step forward on R
7-8 Rock forward on L, replace weight back on R (12:00)

STEP BACK WITH SWEEPS 2X SHUFFLE BACK, COASTER, BIG STEP FORWARD, DRAG & TOUCH

1 Step back on L while sweeping R from front to back
2 Step back on R while sweeping L from front to back
3&4 Step back on L, bring R back next to L, step back on L
5&6 Step back on R, bring L back next to R, Step forward on R
7-8 Big step forward on L (7), drag R forward and touch R next to L (12:00)

TOUCH, TURN & CLOSE, SIDE ROCK CROSS, STEP SIDE, BEHIND SIDE CROSSING SHUFFLE

1-2 Point R toe out to R (1), pivot on L foot ¼ turn to right while drawing R in to close next to L (2) (think Monterey!) (3:00)
3&4 Rock L to left side, replace weight to R, cross L in front of R
5 Step side R
6& Step L behind right, step R to right side
7&8 Cross L in front of R, small step R to right, cross L in front of R (3:00)

BUMPING TOE STRUT FORWARD, BUMPING TOE STRUT ¼ LEFT, PIVOT ½ LEFT, PIVOT ¼ LEFT

1&2 Touch R toe to right side and bump right hip to right (1), replace weight to L (&), step on R (2)
3&4 Turn ¼ left and touch L toe to left side and bump left hip to left (3), replace weight to R (&), step on L (4) (12:00)
5-6-7-8 Step R forward (5), pivot ½ turn left to 6:00 (6) (bump right hip as you turn), step R forward (7), pivot ¼ turn left to 3:00 (8) (bump right hip as you turn...over rotate at 3:00 so that you can step right into the jazz box)

NOTE: You can substitute the one final ¼ pivot turn at counts 7-8 for two quicker 1/8 pivot turns 7&8& on the walls where the music ends with quick beats.

End on the front with the TOUCH out to the right on count 1 of the 3rd set.

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