

Hola Hola

拍数: 32 墙数: 2 级数: Improver
编舞者: Mike Kruger (USA) - June 2020
音乐: Hola (feat. Maluma) - Flo Rida



Intro: 16 counts into music, on the word Hola. – 1 Restart. (wall 3)

[1-8] Skate Steps RL, R Step-Lock, ½ Heel Grind, L Coaster Step.

- 1-2 Skate R diagonally fwd R, Skate L diagonally fwd L.
- 3&4 Step R forward, Lock L behind R, Step R forward.
- 5-6 Step forward on L heel, ½ L pivoting on L heel stepping back on R. (6:00)
- 7&8 Step L back, Step R together with L, Step forward L.

[9-16] Mambo Forward R, Mambo L back. Heel Switches RL, Cross R over L, ½ Turn L Unwind.

- 1&2 Rock fwd R and recover back on L, Step back on R.
- 3&4 Rock back on L and recover fwd on R, step fwd L.
- 5-6 Swivel R heel in and back to center, Swivel L heel in and back to center.
- &7-8 Cross R over L, ½ turn L unwind for 2 counts. {End with weight on L} (12:00)

[17-24] Wizard R, Wizard L, ¼ L Slide, Cross Shuffle RLR.

- 1-2& Step R fwd, Step L behind R, And step R slightly fwd.
- 3-4& Step L fwd, Step R behind L, And step L slightly fwd.
- 5-6 ¼ turn L, Slide R to R side, Slide L next to R placing weight on L. (9:00)
- 7&8 Cross Shuffle R over L, Shuffle L together, Shuffle R to R side.

[25-32] Side Step, ½ Hinge Turn, 1¼ turn, L Step-Lock.

- 1-2 Step L to L Side, hold.
- 3-4 ½ turn R, Stepping R to Right side, hold. (3:00)
- 5-6 ½ turn R Stepping L out, ¾ turn R stepping fwd R. (6:00)
- 7&8 Step fwd L, Lock R behind L, Step fwd L.

Restart on Wall 3 after 16 counts, you will be facing (12:00) after the Cross Unwind.

For questions, Email mikekruger25@gmail.com.

Last Update – 23 June 2020