Sweet Escape

拍数: 32

级数: Beginner

编舞者: Amy Christian (USA) - June 2020

音乐: The Sweet Escape - Gwen Stefani

Intro: 32 counts.

1/4 JAZZ BOX with a CROSS, TOE STRUT, CROSS STRUT,

- Cross R over L, ¼ turn right stepping L back, Step R to right side, Step L across R, [3:00] 1-4
- 5-6 Tap R to right side, Step on R,
- 7-8 Tap L across R, Step L across R,

LINDY RIGHT, TOE STRUT, CROSS STRUT,

- 1&2 Side shuffle R-L-R,
- 3-4 Rock back on L, Recover on R,
- 5-6 Tap L to left side, Step on L,
- 7-8 Tap R across L, Step R across L,

LINDY LEFT, TOUCH OUT-IN-OUT-IN,

- 1&2 Side shuffle L-R-L,
- 3-4 Rock back on R, Recover on L,
- 5-8 Touch R out to right side, Touch R next to L, Touch R out to right side, Touch R next to L,

KICKBALL CHANGE X 2, PIVOT 1/2, WALK, WALK,

- 1&2 R Kickball Change,
- 3&4 R Kickball Change,
- 5-6 Step forward on R, Pivot ¹/₂ turning left with weight forward on L,[9:00]
- 7-8 Walk forward R-L, (Turn Option – ¹/₂ Turn, ¹/₂ Turn – turning left),

Start over!

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墙数:4