March March

拍数: 32 编舞者: Kade Stotler (USA) - July 2020

音乐: March March - The Chicks

#16 Counts Intro. Start with vocals

Stamp front, Toe back, 1/2 Turn, Step, Fist pump with toe, double heels R/L

墙数:4

- Stamp R front, R toe back, 1/2 turn clockwise to the R with weight shift to R foot, step L 1-4
- 5&6 R toe, double heel while pumping R fist
- 7 & 8 L toe, double heel while pumping R fist

Toe out to the side, together, out, shift weight to R, then L, R foot flick to 1/2 turn, Kick ball change

- 1&2 R point to R side, bring back together and point back out again
- 3-4 slowly shift weight to that right side and bring in left foot.
- 5-6 R foot flick behind as flair before about face ½ turn clockwise R shift weight again to L foot
- 7 & 8 kick R forward, back on the R, weight shift to the L (kick ball change)

Cha cha back, full turn, grape vine modified, 3/4 turn

- 1&2 Step back R, together L, forward R
- 3 4 full turn in two steps L, R
- 5&6&7 Grapevine modified: cross front L, side R, cross back L, hop on R foot with left heel dig,
- 8 & hop onto L foot and ¾ turn counter clockwise to the left

Kick front, back, turn ½ turn to back leg in right angle like front march, look L, ¼ turn left marching, look L, ¼ turn marching

- Kick R foot forward, kick R foot back, turn clockwise 1/2 turn towards back foot and leave it up 1-4 at 90 degree angle, march R, L
- 5&6 Look L, march R, L ¼ turn counterclockwise towards left
- 7 & 8 Look L, March R, L, while turning counterclockwise towards left 1/4 turn

(new facing is 1/4 turn clockwise to R each time)

START OVER





级数: