

# Unstoppable

**COPPER** KNOB  
STEPSHEETS

拍数: 80      墙数: 3      级数: Phrased High Intermediate  
编舞者: Nathalie LATERRIERE (FR) - March 2020  
音乐: Unstoppable - Sia



Start : 16 counts on the lyrics

Sequences : A BB(16 counts)- A BB - A (14 counts )- TAG – BB

## PART A: 48 counts

### A1: BIG STEP L, DRAG R, KICK BALL CHANGE R, $\frac{1}{4}$ T R , SPIRAL $\frac{3}{4}$ TURN R ,CHASSE RLR

- 1-2              LF big step L dragging slowly RF to LF, touch RF next to LF
- 3&4             Kick low RF to R diagonal, Ball of RF next to LF, step LF in place
- 5-6              $\frac{1}{4}$  T R stepping RF forward (3:00), turn  $\frac{3}{4}$  T R stepping back on LF with hook of RF before L shin (12:00)
- 7&8             Step RF to R, step ball of LF next to RF, step RF to R

### A2: ROCK STEP L, ANCHOR STEP L, KICK TWICE & CROSS TOE TOUCH , CROSS TRIPLE RLR

- 1-2              Rock LF forward, recover on RF
- 3&4             Rock LF behind RF, rock forward on RF, recover back on LF
- 5-6&           Kick low RF to L diagonal, Kick low RF to R diagonal (\*), cross toe touch RF next to LF and HOLD
- 7&8             Step RF across LF, step LF to L, step RF across LF

**\*TAG on Wall 3 facing 9 :00**

### A3: HEEL GRIND $\frac{1}{4}$ T R, BEHIND SIDE CROSS LRL, PRESS R, $\frac{1}{4}$ T L, TRIPLE FORWARD RLR

- 1-2              Step L heel next to RF with weight , turn  $\frac{1}{4}$  T L pivoting L toe from R to L and stepping RF in place ( end weight on RF) (9 :00)
- 3&4             Step LF behind RF, step RF to R, step LF across RF
- 5-6             Step ball of RF to R bending R leg, recover on LF with  $\frac{1}{4}$  T L (6:00)
- 7&8             Step RF forward, step LF next to RF, step RF forward

### A4: ROCK STEP FWD L, ANCHOR STEP L, $\frac{1}{2}$ T R TRIPLE FORWARD RLR, SLOW BODY ROLL

- 1-2              Rock LF forward, recover on RF
- 3&4             Rock LF behind RF, rock forward on RF, Rock back on LF
- 5&6             Turn  $\frac{1}{2}$  T R stepping RF forward, step LF next to RF, step RF forward (12 :00)
- 7-8             Step LF forward rolling slowly your body up and down (end weight back on RF)

### A5 : WALK BACK L/R , COASTER STEP L , WIZZARD R/L

- 1-2              Walk back on LF, walk back on RF
- 3&4             Step back on LF, step RF back together with LF, step LF forward
- 5-6&           Step RF forward in the R diagonal, step close LF behind RF, step RF quickly forward (1:30)
- 7-8&           Step LF forward in the L diagonal, step close RF behind LF, step LF quickly forward (10:30)

### A6: ROCK R , CHASSE RLR, ROCK L , $\frac{3}{4}$ TURN L DIAMOND BOX SLIDING STEPS

- 1-2              Rock forward on RF in the L diagonal, recover on LF (10:30)
- 3&4             Step RF to R, step ball LF next to RF, step RF to R
- 5-6             Rock forward on LF in the R diagonal , recover on RF (1:30)
- 7&8&           Slide LF to L,  $\frac{1}{4}$  T L sliding RF to R ( facing 10:30),  $\frac{1}{4}$  T L sliding LF to L ( facing 7:30), step RF forward (7:30)

## PART B : 32 counts

Remember that the first series of B starts facing 7:30, the second one facing 10:30 , the third one facing 10:30

**B1 : ROCK STEP L, STEP BACK L/R WITH SWEEP R/L , ROCK BACK L ,  $\frac{1}{2}$ T L , STEP BACK L/R WITH**

## **SWEEP R/L**

- 1-2 Rock LF forward, recover on RF with sweep\* L
- 3-4 Step back on LF with sweep R, step back on RF with sweep L
- 5-6 Rock back on LF, recover on RF turning ½ T L with sweep L (facing 1:30)
- 7-8 Step back on LF with sweep R, step back on RF with sweep L

**\*Make all the sweeps from front to back**

## **B2: ROCK BACK L, KICK BALL STEP L, 1/8 T R WITH SIDE ROCK L, CROSS L BACK , STEP R TO RIGHT, POINT L TOE TO L**

- 1-2 Rock back on LF, recover on RF ( stay in the diagonal)
- 3&4 Kick LF forward, step ball RF, Step RF forward
- 5-6 1/8 T R rocking LF to L , recover on RF to R (3:00)
- 7&8 Step back LF in the R diagonal, step RF to R, point L toe to L side

## **B3: SKATE L/R , MAMBO L FORWARD, COASTER STEP R, ROCK FORWARD L, RECOVER ¼ T R**

- 1-2 Skate LF next to RF and step slightly forward (Diago. L), skate RF next to LF and step slightly forward (Diago. L)
- 3&4 Rock LF forward, recover on RF, Step back on LF
- 5&6 Step back on RF, step back LF together with RF, Step RF forward
- 7-8 Rock LF forward, recover on RF turning ¼ T R (6 :00)

## **B4: CROSS TRIPLE LRL , CHASSE RIGHT , SKATE LRL IN PLACE , SKATE R FORWARD**

- 1&2 Step LF across RF, step RF to R, step LF across RF
- 3&4 Step RF to R, step ball of LF next to RF, step RF to R
- 5-6 Skate LF next to RF and step LF in place (4:30), Skate RF next to LF and step RF in place (7:30)
- 7-8 Skate LF next to RF and step LF in place(4:30) , Skate RF next to LF and step RF slightly forward in the R diagonal (7:30)

**(NB : On the third wall , to start again with A1, square to 9 :00 turning 1/8 T L on count 1)**

**TAG : On Wall 3 ( facing 9 :00), add the following 4 counts after counts « 5-6 » of section A2**

## **FULL TURN RIGHT DIAMOND BOX SLIDING STEPS**

- 1-2 Turn 1/8T L sliding RF to R ( facing 7:30) , turn ¼ T R sliding LF to L (facing 4:30)
  - 3-4& Turn ¼ T L sliding RF to R (facing 1:30), turn ¼ T L sliding LF to L (facing 10:30),step RF forward (facing 10:30)
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