

The Best Of Me

COPPER KNOB
BY STEPHEN

拍数: 21 墙数: 4 级数: Easy Intermediate
编舞者: Yulia P M (INA) - July 2020
音乐: The Best Of Me - Olivia Newton-John & David Foster



Restarts on

Walls 4 & 7 after 16 counts with step change (count 7 &8) facing 3.00

Wall 9 after 16 counts with step change (count 7 &8) facing 12.00

I. BASIC R, 5/8 TURN RIGHT, STEP DIAGONAL FORWARD, STEP DIAGONAL BACK, STEP DIAGONAL FORWARD, STEP BESIDE

- 1 – 2& Big Step R to right side (1), Step L slightly behind R (2), Cross R over L (&)
3 Make ¼ turn right stepping L back (3) facing 3.00
4 - &5 Make 3/8 turn right stepping R diagonal fwd (4) facing 7.30, Step L diagonal fwd (&) Step R diagonal fwd (5)
6 - &7 Recover on L (6), Step R back next to L (&), Step L diagonal back (7)
8& Recover on R (8), Step L next to R (&)

II. STEP DIAGONAL FORWARD, 1/8 TURN RIGHT WITH SWEEP, WEAVE, SHUFFLE DIAGONAL BACK, COASTER STEP, SWEEP

- 1 – 2& Step R diagonal fwd make 1/8 turn right with L sweep from back to front (1) facing 9.00, Cross L over R (2), Step R to right side (&)
3 - &4 Step L behind R (3), Step R to right side (&), Cross L over R (4)
5 - &6 Step L diagonal back (5) facing 7.30, Step L back next to R (&), Step R back (6)
7 - &8 Step L diagonal back (7), Step R close together L (&), Make 1/8 turn left stepping L fwd with R sweep from back to front (8)

***** RESTART HERE ON Wall 4 & 7 with step change (count 7 - &8) facing 3.00*****

7 - &8 Make 1/8 turn left stepping L to left side (7) facing 3.00, Quick touch R fwd, beside L (&8)

*****Do the same way RESTART on Wall 9 facing 12.00*****

III. CROSS OVER, STEP SIDE, COASTER STEP, ¼ TURN LEFT, SWEEP, TOUCH

- 1 - &2 Cross R over L (1), Step L to left side (&), Step R back (2)
3 - &4 Step L back (3), Step R close together L (&), Step L fwd (4)
5 Make ¼ turn left with R sweep out and touch next to L (5)

Have fun and happy dancing

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