Páme Páme



拍数: 48 增数: 2 级数: Phrased Beginner / Improver

编舞者: Aëla Fourmage (FR) & Angéline Fourmage (FR) - June 2020

音乐: Páme Páme - Evangelia



Start: 14 s. approximately (24 counts; After «Let's Go»)

Seq: A-B-Tag-A-A-B-Tag-A-A(clap)

Part A: 32 Counts

[1-8] Side, Together, Side, Touch, Side, Together, Side, Touch

1-2 RF to R side, LF next to RF

3-4 RF to R side, Touch LF next to RF

5-6 LF to L side, RF next to LF

7-8 LF to L side, Touch RF next to LF

[9-16] Step Diagonal FW, Touch, Shimmy**, Step Diagonal Back, Touch, Shimmy**

1-2 RF FW on R Diagonal, Touch LF next to RF

3&4 Shimmys **(After 1,55mn : Not Shimmys but Claps X3)

5-6 LF Back on L Diagonal, Touch RF next to LF

7&8 Shimmys *Tag **(After 1,55mn : Not Shimmys but Claps X3)

[17-24] Mambo Side, Mambo Side, Paddle Turn 1/2 L

1&2 RF to R side, Recover to LF, RF next to LF3&4 LF to L side, Recover to RF, LF next to RF

5-6 Point RF to R side on 1/8 L, Point RF to R side on 1/8 L
7-8 Point RF to R side on 1/8 L, Point RF to R side on 1/8 L

[25-32] Walk, Walk, Mambo, Back, Mambo

1-2 RF FW, LF FW

3&4 RF FW, Recover to LF, RF Back

5-6 LF Back, RF Back

7&8 LF Back, Recover to RF, LF FW

Part B: 16 Counts

[1-8] Step Fw, Sweep, Weave, Sweep, Cross, Side

1-2 RF FW with L Sweep from back to the front, Continue L Sweep

3-4 Cross LF over RF, RF to R side

5-6 Cross LF behind RF with R Sweep from front to the back, Continue R Sweep

7-8 Cross RF behind LF, LF to L side

[9-16] Step Turn ½ L, Step Turn ½ L, Mambo Cross, Mambo Cross

1-2 RF FW, Turn ½ L (Weight is on LF)
3-4 RF FW, Turn ½ L (Weight is on LF)

5&6 RF to R side, Recover to LF, Cross RF over LF
7&8 LF to L side, Recover to RF, Cross LF over RF

Tag: 4 counts

[1-4] Point, Together, Point, Together, Heel, Together, Heel, Together

1&2& Point RF Touch R side, RF next to LF, Point LF Touch L side, LF next to RF

3&4& Touch R Heel FW, RF next to LF, Touch L Heel FW, LF next to RF

Smile and enjoy the dance

Contact: maellynedance@gmail.com

