Fit for a Queen



拍数: 64 墙数: 4 级数: Intermediate

编舞者: Lucy Cooper (UK) - July 2020 音乐: Kings & Queens - Ava Max



Note: This is actually a 2 wall dance, however due to the restarts it turns to the other 2 walls briefly, which is why it is classed as a 4 wall dance.

Intro: 32 Counts

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Side, Together,	Chasse Right	Cross	Full Unwind R	Chasse Left
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12	Step right to s	iae, brina i	len todetner

3&4 Step right to side, step left together, step right to side

5 6 Cross left over right, unwind full turn right (ending with weight on right)

7&8 Step left side, step right together, step left side

Back with knee pop, Recover, Side Rock, Recover, Cross, Back 1/8 R, Kick-ball-cross turning 1/8 R

1 2 (Facing right diagonal) Rock back on the right popping the left knee, recover onto left

3 4 Rock right to right side, (straightening up to 12.00) recover onto left

5 6 Cross right over left, step left back turning 1/8 right (1.30)

7&8 Kick right forward, ball step right slightly to side turning 1/8 right, cross left over right (3.00)

Restart here on wall 3, starting the dance again at 3.00

Side Rock, Recover, Cross, Point, Cross, Point, Forward Rock, Recover

12	Rock right to right side, recover onto left
3 4	Cross right over left, point left out to left side
5 6	Cross left over right, point right out to right side
7 8	Rock forward on right, recover onto left

Full Turn R, Back, Hook, Forward, Touch, Side, Touch, Side, Touch

1 2 Step right forward turning ½ right, step left back turning ½ right (3.00)

3 4 Step right back, hook left across right

5 6& Step left slightly forward, touch right beside left, step right to side 7&8 Touch left beside right, step left to side, touch right beside left

TAG: 4 count tag, then restart here on wall 5

Side, Together, Forward mambo, Left Out, Heel tap, Side Rock, Flick

12	Step right to side, bring left together,
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Rock right forward, recover onto left, step right together,

5 6 Step left to side (keeping weight on right), tap left heel (placing weight onto left after)

7 8 Rock right to right side, recover onto left flicking right

Cross, Side, Sailor Step, Cross, Hinge Turn ½ L, Side, Touch

1 4	Cross right over left, step left to side
3 4	Cross right behind left, step left to side, step right to side
5 6	Cross left over right, step right back turning ¼ left,
7 8	Step left to side turning 1/4 left, touch beside left (9.00)

Side rock, Sailor Step, Back Rock, 3/4 Turn R

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1 2	Rock right to right side, recover onto left
3&4	Cross right behind left, step left to side, step right to side
5 6	Rock back on left, recover onto right
7 8	Step left to side turning ¼ right, step right to side turning ½ right (6.00)

Cross, Hold, Side Rock Cross, Side Rock, Behind Side Cross

1 2 Cross left over right, hold

Rock right to side, recover onto left, cross right over left

5 6 Rock left to side, recover onto right

7&8 Cross left behind right, step right to side, cross left over right

Restarts and Tag

Wall 3 (12:00) — Dance first 16 counts. Restart dance facing 3.00 Wall 5 (9.00) — Dance first 32 counts, 4 count tag, then restart at 12.00

TAG: 4 Count Tag: V step

1 2 Step right out to right diagonal, step left out to left diagonal,

3 4 Bring right back in, bring left back in

Optional ending

Instead of the 'Behind Side Cross' at the end, step left to side turning ½ left and strike your finishing pose!