

Bang! Bang! Bang!

COPPER KNOB
STEPSHEETS

拍数: 64 墙数: 2 级数: Improver
编舞者: John Dembiec (USA) - July 2020
音乐: Bang! - AJR



#16 count intro

[1-8] TOE STRUTS, JAZZ BOX, HOLD

1-4 Cross R toe over L, Bring R heel down, Touch L toe to L, Bring L heel down
5-8 Step R over L, Step L back, Step R to R, Hold

[9-16] TOE STRUTS, JAZZ BOX, HOLD

1-4 Cross L toe over R, Bring L heel down, Touch R toe to R, Bring R heel down
5-8 Step L over R, Step R back, Step L to L, Hold

[17-24] ROCK RECOVER, BACK STEP, DRAG, COASTER, HOLD

1-4 Rock R forward, Replace to L, Big step R back, Drag L next to R (weight stays on R)
5-8 Step L back, Step R next to L, Step L forward, Hold

*(RESTART here on wall 5, 3rd time facing front)

[25-32] ½ PIVOT, KNEE POPS, HOLD, HIP BUMPS

1-2 Step R forward, Make ½ turn to L stepping onto L (6:00)
3,4,5 Bringing R next to L pop R knee in, Pop L knee in, Pop R knee in
6,7,8 Hold, Stepping R slightly to R bump R hip, Bump L hip

*(ENDING: Add one additional R hip bump to end dance)

[33-40] KICK STEPS, SCISSOR STEP, HOLD

1-4 Kick R to R diagonal, Step R down, Kick L to R diagonal, Step L down
5-8 Side rock R to R, Replace to L, Cross R over L, Hold

[41-48] KICK STEPS, SCISSOR STEP, HOLD

1-4 Kick L to L diagonal, Step L down, Kick R to L diagonal, Step R down
5-8 Side rock L to L, Replace to R, Cross L over R, Hold

[49-56] BACK STEPS & TOUCHES, BACK COASTER, HOLD

1-4 Step R back to R diagonal, Touch L next to R, Step L back to L diagonal, Touch R next to L
(STYLING NOTE: As you step back, dip down, come back up as you touch)
5-8 Step R back, Step L next to R, Step R forward, Hold

[57-64] STOMPS, HIP BUMPS, HOLD, HIP ROLL

1-2 Stomp L forward, Stomp R next to L
3,4,5 Bumps hips R, L, R
6,7,8 Hold, Roll hips R to L for 2 counts (weight to L)

REPEAT AND HAVE FUN !!!!

E-mail: TwStpr@aol.com