

Now This Is Us

拍数: 32 墙数: 2 级数: High Improver
编舞者: Neville Fitzgerald (UK) & Julie Harris (UK) - March 2020
音乐: This is Us - Jimmie Allen & Noah Cyrus : (Single - iTunes)



Start ... 16 Counts on Vocals

Step Touch, Step Touch, Side Together Forward, Mambo Step, Coaster Cross

- 1&2& Step forward Left to Left diagonal , tap Right toe next to Left, step forward on Right to Right diagonal, tap Left toe next to Right.
- 3&4 Step Left to Left side, step Right next to Left, step forward on Left.
- 5&6 Rock forward on Right, recover back on Left, step back on Right.
- 7&8 Step back on Left, step Right next to Left, step Left across Right.

Step Tap Back, Behind 1/4 Step, Step Tap Back, Behind Side Cross.

- 1&2 Step Right to Right diagonal, tap Left next to Right, step back on Left.
- 3&4 Cross step Right behind Left, make 1/4 turn to Left stepping forward on Left (9.00)
- 5&6 Step Left to Left diagonal, Tap Right next to Left, step back on Right.
- 7&8 Cross step Left behind Right, step Right to Right side, cross step Left across Right.

Ball Cross, Side, Back Rock Side Behind 1/4 Ball Step, Cross Side Behind.

- &1-2 Step Right to Right side, cross step Left across Right, step Right to Right side.
- 3&4& Cross rock Left behind Right, recover forward on Right, step Left to Left side, cross step Right behind Left.
- 5&6 Make 1/4 turn to Left stepping forward on Left, step forward on Right, step forward on Left sweeping Right from back to front (6.00)
- 7&8 Cross step Right over Left, step Left to Left side, cross step Right behind Left sweeping Left from front to back.

Behind & Rock, Recover Ball Cross, Side Together Forward, Side Together Back Touch.

- 1&2 Cross step Left behind Right, step Right to Right side, rock Left over Right.
- 3&4 Recover back on Right, step Left to Left side, cross step Right over Left.
- 5&6 Step Left to Left side, step Right next to Left, step forward on Left.
- 7&8& Step right to Right side, step Left next to Right, step back on Right, tap Left next to Right.

Tap End of Wall 2 Facing (12.00)

Sway Left, Sway Right. Then Begin from start of dance again :)