

Change Your Mind

COPPER **KNOB**
BY STEPHEN

拍数: 32 墙数: 4 级数: Improver
编舞者: Marianne Langagne (FR) - August 2020
音乐: Change Your Mind - Keith Urban



Intro: 16 Counts

Restart : After 18 Counts on 4th Wall (Facing 6a.m)

[1 à 8] CROSS SHUFFLE TO THE L., ½ TURN L., CROSS SHUFFLE TO THE R., ¼ TURN R. ,SKATE, TRIPLE FWD

1 & 2 Cross RF over LF, LF to the L, Cross RF over LF
3 & 4 ½ Turn L-Cross LF over RF, RF to the R, Cross LF over RF (6a.m)
5 – 6 ¼ Turn R-Slide RF diagonally R FWD, Slide LF diagonally L FWD (9a.m)
7 & 8 RF FWD, Together, RF FWD

[9 à 16] STEP, HOLD, ANCHOR STEP, BACK L- R , BACK STEP LOCK STEP

1 – 2 LF FWD (Knee R flexed to the R- 3rd Position), Hold
3 & 4 Weight on RF, LF, RF in place
5 – 6 LF Back, RF Back (Option : ½ Turn L x 2)
7 & 8 LF Back, Cross RF over LF, LF Back

[17-24] BACK, STEP, SWEEP*, CROSS SHUFFLE, ¾ TURN R. LARGE STEP FWD, DRAG /HITCH

& 1-2 RF Back, LF FWD, Sweep RF Back to Front HERE RESTART ON 4th WALL (facing 6a.m)
3 & 4 Cross RF over LF, LF to the L, Cross RF over LF
5 – 6 ¼ Turn R-LF Back (12o'clock), ½ turn R- RF FWD (6a.m)
7 – 8 (a) Large Step LF FWD, Slide R Toe next to LF, Hitch (Roll Knee to the R)

* Only at Wall 5 (facing 3a.m), replace the SWEEP by : Slide RF next to LF, continue the dance

[25- 32] ROCK BACK, SIDE TRIPLE, SAILOR ¼ TURN L. , PRISSY WALK

1 – 2 RF Back, Recover
3 & 4 RF to the R, LF next to RF, RF to the R
5 & 6 ¼ Turn L-Cross LF behind RF, RF to the R, LF to the L (3a.m)
7 – 8 Cross RF over LD, Cross LF over RF (advancing)

ENJOY !!!

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