Holla At Me

拍数: 32	墙数: 4	级数: Beginner +

编舞者: Michelle Carfora, Joey Wong & Erika Hempel - July 2020

音乐: No Scrubs (Iconic Performance) - LOCASH

Count In: when the main vocals start (~0:10, 16 counts)

[1-8]: Kick cross rock recover x 2, Cross and unwind, Hip bumps

1&2&	Kick R forward, step R across, step L to side, recover on R
3&4&	Kick L forward, step L across, step R to side, recover on L
5, 6	Step across with R, unwind ½ turn left (6:00)
7, 8	Hip bump, hip bump (weight on R)

[9-16]: Offset coaster step, Grapevine left, Rock recover w/ ¼ turn, Coaster step

1&2	Step L behind R, step R beside L, step L to side
3&4	Cross R behind L, step L to side, cross R in front of L
5, 6	Step L out with ¼ turn left (3:00), recover on R
7&8	L back, R together, L forward

[17-24]: Step pivot ½ turn, Lock step, Body roll, Step back, Touch back

1, 2	Step R forward, pivot ½ turn left (9:00) w/ weight on L
3&4	Step R forward, lock L behind R, step R forward
5, 6	Step L forward w/ body roll, settle back on R
7, 8	Step L back, touch R back

[25-32]: Pivot ½ turn, Prep, Full turn, Step & hold, Slide & shoulder bumps

1	Pivot ½ turn right (3:00) with weight on R
2	Step L forward
3, 4	Pivot ½ turn left (9:00), step R back, pivot ½ turn left (3:00), step L forward
5, 6	Step R beside L, hold (shift weight to R)
7, 8&	Step L to side and slide R together (through end of count 8), shoulder bump x2

Tag: Step, Slide, Shoulder Shimmy x 4
At the end of Wall 5 you'll be facing 3:00 (musical break, 1:53)

1, 2, 3	Step R to side, slide L together with R
&4	Shoulder shimmy
5, 6, 7	Quarter turn left (12:00), step L to side, slide R together with L
&8	Shoulder shimmy

1, 2, 3	Quarter turn left (9:00), step R to side, slide L together with R
&4	Shoulder shimmy
5, 6, 7	Quarter turn left (6:00), step L to side, slide R together with L
&8	Shoulder shimmy

*Restart from the beginning with kick/cross, facing 6:00

Ending: The song ends on the 8th iteration, which you start facing the front wall. At count 17 (step R forward), turn on the step to face the front wall.