

The Song We Sing

COPPER KNOB
STEPSHEETS

拍数: 48 墙数: 4 级数: Easy Intermediate
编舞者: Ryan Lea (AUS) - August 2020
音乐: The Song We Sing - Zoe : (iTunes)



Start after 5,6,7,8 count on lyrics

[1-8] SIDE TOGETHER, FORWARD, HOLD; SIDE TOGETHER, BACK, HOLD

1- 4 Step R to right side, step L beside R, Step R forward, hold
5- 8 Step L to left side, step R beside L, Step back on L, hold

[9-16] BACK-LOCK-BACK, HOLD; SLOW 1/2 TRIPLE, HOLD

1- 4 Step R back, cross L over R, step R back, hold
5- 8 Slow triple step turning 1/2 left, sweep L to back: stepping L-R-L, hold (6.00)

[17-24] VINE RIGHT, HOLD; VINE LEFT, HOLD

1- 4 Step R to the side, step L behind R, step R to the side, hold
5- 8 Step L to the side, step R behind L, step L to the side, hold

[25-32] SLOW 1/4 TURN, CROSS, HOLD; SIDE ROCK CROSS, HOLD

1- 4 Step forward R, 1/4 turn left, cross R over L, hold
5- 8 Step L to side, recover weight onto R, cross L over R, hold (3.00)

[33-40] CROSS 1/2 TURN BALL BOUNCES ; BACK COASTER, HOLD

1- 4 Cross R over L with weight on ball of foot, turning 1/2 left bounce of balls of feet
5- 8 Step back L, step R next to L, step forward L, hold (9.00)

[41-48] LONG ROCKING CHAIR X 2

1- 4 Long step forward on R, recover back on L, rock back on R, recover forward on L
5- 8 Long step forward on R, recover back on L, rock back on R, recover forward on L

START AGAIN

ENDING ~ On Wall 10 (starting 3.00) Dance to the end of the 48 count and then add the following to face the front

1- 4 Step R forward, slow pivot 1/2 left (on balls of both feet), step R together