## Caught In The Middle

拍数： 32
墥数： 4
级数：Intermediate NC2S
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音乐：The Middle（Acoustic）－Joe Dolman


Intro：No intro！Start to dance by prepping upper body slightly to the right，then make the full turn to the left on count 2.

## Important information：

Restart occurs on wall 5 after section 2，facing 3：00．
Sect－1：Side Rock． $1 / 4$ Recover．Full Turn With Sweep．Weave With Sweep．Behind－Side－Cross． $1 / 4 \mathrm{~L}$ ． $1 / 4 \mathrm{~L}$ With Sway．

| $1-2 \&$ | （1）Rock to the right on RF，prepping upper body slightly to the right．（2）Turn $1 / 4$ to the left， <br> recovering on LF．\｛9：00\}(\&) Turn $1 / 2$ to the left，stepping back on RF．\｛3：00\} |
| :--- | :--- |
| $3-4 \&$ | （3）Turn $1 / 2$ to the left，stepping forward on LF，sweeping RF from back to front．（4）Cross RF |
| over LF．\｛9：00\} (\&) Step to the left on LF. |  |
| $5-6 \&$ | （5）Step back on RF，sweeping LF from front to back．（6）Step LF behind RF．（\＆）Step to the <br> right on RF． |
| $7 \& 8$ | （7）Cross LF over RF．（\＆）Turn $1 / 4$ to the left，stepping back on RF．$\{6: 00\}(8)$ Turn $1 / 4$ to the <br> left，stepping to the side on LF and sway your body to the left．$\{3: 00\}$ |

Sect－2：Sway Right．Diamond 3／8 Turning L．1／8 Cross．1／4 L x2．Cross Rock．

| $1-2 \&$ | （1）Sway to the right．（2）Cross LF over RF．（\＆）Step to the right on RF． |
| :--- | :--- |
| $3-4 \&$ | （3）Turn $1 / 8$ to the left，stepping back on LF．（4）Step back on RF．$\{1: 30\}(\&)$ Turn $1 / 8$ to the |
| left，stepping to the left on LF．$\{12: 00\}$ |  |
| $5-6 \&$ | （5）Turn $1 / 8$ to the left，stepping forward on RF．（6）Turn $1 / 8$ to the left，crossing LF over RF． <br>  <br> $7-8 \&$ |
| \｛9：00\}(\&) Turn $1 / 4$ to the left，stepping back on RF．$\{6: 00\}$ <br> （7）Turn $1 / 4$ to the left，stepping to the left on LF．（8）Cross rock RF over LF．（\＆）Recover on <br> LF．$\{3: 00\}$ |  |

－Restart Occurs here at wall 5 －
Sect－3：Arabesque With Arm Raise．Collapse Cross Rock．Side Sway L．Sway R，L．Nightclub Basic Right． $1 / 4$ L With Sweep．Point Forward．Point Right．
$1-2 \& \quad$（1）Step to the right on RF as you raise $L$ leg to the left，stretching your $R$ hand diagonally up in the air and $L$ hand slightly out to the left．（2）Collapse body as you cross rock LF over RF．
（\＆）Return body to normal position as you recover on RF．
$3-4 \& \quad(3)$ Step to the left on LF，swaying to the left．（4）Sway R．（\＆）Sway L．
$5-6 \& \quad(5)$ Step to the right on RF．（6）Step LF slightly behind RF．（\＆）Cross RF over LF．
$7-8 \& \quad(7)$ Turn $1 / 4$ left，stepping forward on LF，sweeping RF from back to front．$\{12: 00\}(8)$ Point forward with RF．（\＆）Point to the right with RF．

Sect－4：Hitch．Cross． $1 / 2$ Unwind With Sweep．Behind． $1 / 4$ R．Step $1 / 2$ Turn With Sweep．Cross．Side．Behind．
1－2（1）Hitch R knee across LF．（2）Cross RF over LF．
$3-4 \& \quad$（3）Unwind $1 / 2$ to the left，placing weight on RF，sweeping LF from front to back．\｛6：00\}(4) Step LF behind RF．（\＆）Turn $1 / 4$ right，stepping forward on RF．\｛9：00
5－6（5）Step forward on LF．（6）Turn $1 / 2$ right，placing weight on RF，sweeping LF from back to front．\｛3：00\}
$7-8$ \＆（7）Cross LF over RF．（8）Step to the right on RF．（\＆）Step LF behind RF．

## Have fun！

