

Skipinnish

拍数: 32 墙数: 4 级数: Improver
编舞者: Willie Brown (SCO) - March 2020
音乐: Alive - Skipinnish



Intro; On vocals / 16 counts after beat kicks in (app 1 min 11 secs)

SECTION 1 – 'OUT-IN-OUT', BEHIND-SIDE-CROSS, 'OUT-IN-OUT', BEHIND, ¼, STEP

1&2 Point Right toe to Right side, touch Right toe beside Left, point Right toe to Right side
3&4 Cross Right behind Left, step Left to Left side, cross Right over Left
5&6 Point Left toe to Left side, touch Left toe beside Right, point Left toe to Left side
7&8 Cross Left behind Right, turn ¼ Right stepping on to Right, step forward on Left [3]

SECTION 2 – MAMBO, COASTER STEP, STEP-CLAP-STEP-CLAP, ROCKING CHAIR

1&2 Rock forward on Right, recover back on Left, step back on Right
3&4 Step back on Left, close Right beside Left, step forward on Left
5&6& Step forward on Right, clap hands, step forward on Left, clap hands
7&8& Rock forward on Right, recover weight on Left, rock back on Right, recover weight on Left

SECTION 3 – SIDE, BACK ROCK, SIDE, BACK ROCK, SIDE, BEHIND-SIDECROSS SHUFFLE

1 Step Right to Right side
2&3 Rock back on Left, recover weight on Right, step Left to Left side
4&5 Rock back on Right, recover weight on Left, step Right to Right side
6& Cross Left behind Right, step Right to Right side
7&8 Cross Left over Right, step Right to Right, cross Left over Right

SECTION 4 – ROCK & CROSS, ROCK & CROSS, REVERSE RHUMBA BOX

1&2 Rock Right to Right side, recover weight on Left, cross Right over Left
3&4 Rock Left to Left side, recover weight on Right, cross Left over Right
5&6 Step Right to Right side, close Left beside Right, step back on Right
7&8 Step Left to Left side, close Right beside Left, step forward on Left

...START AGAIN...

Tag; During wall 2 (facing 6 o'clock) and wall 5 (facing 3 o'clock) dance until count 28 then omit the last 4 counts (reverse rhumba box) replacing them with the following 16 count tag;

CHASSE, SAILOR, EXTENDED WEAVE (x2)

1&2 Step Right to Right side, close Left beside Right, step Right to Right side
3&4 Cross Left behind Right, step Right to Right side, step Left to Left side
5&6& Cross Right behind Left, step Left to Left side, cross Right over Left, step Left to Left side
7&8 Cross Right behind Left, step Left to Left side, cross Right over Left

1&2 Step Left to Left side, close Right beside Left, step Left to Left side
3&4 Cross Right behind Left, step Left to Left side, step Right to Right side
5&6& Cross Left behind Right, step Right to Right side, cross Left over Right, step Right to Right side
7&8 Cross Left behind Right, step Right to Right side, cross Left over Right

Note; During wall 6 & 7 the music goes 'quiet' – just continue dancing at the same speed and the music will kick back in for wall 8

Ending; On wall 9 dance until the rocking chair then add a ¼ pivot turn Left to face 12 o'clock and close Right beside Left as you take your applause!!

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