Redhead Spitfire

拍数: 40

级数: Beginner

编舞者: Robyn Buchholz (USA) - September 2020

音乐: Redhead (feat. Reba McEntire) - Caylee Hammack

(1-8) RT & LFT SIDE ROCK, BEHIND SIDE CROSS

- 1-2, 3 & 4 Rt Side Rock, Behind, Side, Cross
- 5-6, 7 & 8 Lft Side Rock, Behind, side, Cross

(9-16) RT & LFT DIAGONAL FORWARD SHUFFLES, TWO 1/8 LFT HIP ROLLS

- 1 & 2 Rt diagonal step forward, bring left to rt and step forward rt again
- 3 & 4 Lft diagonal step forward, bring rt to lft and step forward lft again
- 5-8 Step rt foot out to side, roll hips to right side while turning 1/8 to lft. Repeat.

(17-24) DIAGONAL STEP TOUCH w/ CLAPS (K-STEP)

- 1-2 Step R to rt front diagonal, Touch L beside R (clap)
- 3-4 Step L to Ift back diagonal, Touch R beside L (clap)
- 5-6 Step R to rt back diagonal, Touch L beside R (clap)
- 7-8 Step L to left front diagonal, Touch R beside L, (clap)

(25 - 32) RT & LFT GRAPEVINES (CAN DO ROLLING VINES FOR MORE STYLING)

1-4 Step rt on rt foot, cross lft foot behind rt, step rt on rt foot, touch lft toe next to rt foot

5-8 Step lft on lft foot, cross rt foot behind lft, step lft on lft foot, touch rt toe next to lft foot

OPTION: Rolling vine option: Step Rt ¼ right, Turn ½ right- Step back on Lft, Step Rt ¼ right, Touch Lft Step Lft ¼ left, Turn ½ left- Step back on Right, Step Left ¼ left, Touch Right

(33 - 40) FORWARD TOE STRUTS, TURN 1/4 TURN LFT, STROKE HAIR, STOMP UP, HOLD LAST COUNT

1-2 Step rt toe forward, Drop rt heel

- 3-4 Step Ift toe forward, Drop Ift heel
- 5-8 Turn a 1/4 turn lft, Arm movements, Stomp, weight shifts to your lft foot.

While stepping out to begin your quarter turn (on count 5), put rt hand to the back of your head (continuing to turn, count 6, bring hand forward around head in a caressing motion) (Once turn is complete, on count 7 stomp rt foot no weight on rt, shift your weight to your lft foot.) Hold for 1 count (count 8).

RESTART: On wall 6, restart after 32 counts turning to front wall for the restart.

AT THE END OF THE DANCE: End of dance 32 counts then turn to front wall and stomp forward on your rt and do the hair caressing motion or strike a pose.

Repeat and have fun. Show your attitude on this dance!





墙数: 2