

Contigo Tengo Feeling

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 4 级数: Beginner
编舞者: Bente Lindtner (NOR) - September 2020
音乐: Contigo Tengo Feeling - GABIFUEGO & Astrid S



Section1: R toe, L heel, R toe, L heel, rock to right, rock to left

1&2& Touch R toe next to LF, step RF in place, touch L heel fw, step LR next to RF
3&4& Touch R toe next to LF, step RF in place, touch L heel fw, step LR next to RF
5-6 & Rock RF to right, recover weight on LF, ball step RF next to LF
7-8 & Rock LF to left, recover weight on RF, ball step LF next to RF

Section2: Rock right recover, behind side cross, Rock left recover, ¼ Sailor turn

1-2 Rock RF right, recover weight on LF
3&4 Cross RF behind LF, step LF left, Cross RF in front of LF
5-6 Rock LF left, recover weight on RF
7&8 Turn ¼ left stepping LF back, Step RF next to LF, Step FW on LF

Section3: Step ¼ turn L with flick, Rocking chair, Repeat

1-2 Step FW on RF, turn ¼ L on ball of LF while flicking RF behind
3&4& Rock RF diagonally forward left, recover weight on LF, Rock RF diagonally back to right
5-8 repeat 1-4&

(easier option - skip flick)

Section4: Walk half circle left, mambo right mambo left

1-4 Step RF forward, turn ¼ left stepping LF forward, step RF forward, turn ¼ left stepping LF forward (try to make this seem like walking a half circle)
5&6 Rock RF to R, Recover weight on LF, Step RF next to LF
7&8 Rock LF to L, Recover weight on RF, Step LF next to RF

Repeat and enjoy.