Beer & Woman



编舞者: Ole Jacobson (DE) & Nina K. (DE) - September 2020

音乐: Beer & Women - Steve Forde



Sequenz: Intro*, 52, 64, 28, 52, 64, 64, 32, 52, 64, 64, Finish* (Intro if required): after 32 beats, dance the first 32 counts, Dance regularly begins with the 1st wall on the use of singing

Dance regularly begins with the 1st wall on the use of singing			
(1-8)Heel switch (r+L), heel, hook, heel, flick with 1/4 turn R			
1-2	touch RF heel forward - place RF next to LF		
3-4	touch L-heel forward - place LF next to RF		
5-6	Tap the RF heel to the front - lift the RF crosswise in front of the LF		
7-8	Tap the R heel to the front - 1/4 R turn and bend the LF backwards		
(9-16)Step, lock, step, hold, LF side with 1/4 turn R, recover, cross, hold			
1-2	step RF forward - cross LF behind RF		
3-4	RF step forward - hold 1Count (attach finish here: 11th wall)		
5-6	1/4 turn, step LF to the left - shift weight to RF		
7-8	cross RF over LF - hold 1 count		
(17-24) Mambo, back, hold, coaster-step, hold			
1-2	step RF forward - shift weight to LF		
3-4	RF step backwards - hold 1 count		
5-6	LF step backwards - place RF next to LF		
7-8	RF step forward - hold 1 count		
(25-32) Step, recover, turn 1/2 R, step, hold, side, recover, cross, hold			
1-2	step RF forward - shift weight to LF		
3-4	1/2 turn, RF step forward - hold 1 count		
(TAG & Resta	rt: 3.Wall-9: 00; replace the first 4 counts with a Rockin Chair on the right) and restart)		
5-6	LF step to the left - shift weight to RF		
7-8	cross LF over RF - hold 1 count (restart: 7th wall-3: 00)		
(22 40) Cido to	(22.40) Side touch erose touch eide touch flield eide hehind eide ton		

(33-40) Side touch, cross touch, side touch, flick, side, behind, side, tap

1-2	touch RF to the right - touch RF in front of LF
3-4	touch RF to the right - raise RF behind LF
5-6	RF step to the right - cross LF behind RF
7-8	RF step to the right - touch LF next to RF

(41-48) Side touch, cross touch, side touch, flick, side, behind, step, scuff

1-2	touch LF to the left - touch LF before RF
3-4	Tap LF to the left - lift LF behind RF
5-6	LF step to the left - cross RF behind LF

7-8 LF step forward - RF swing forward (heel touches the floor)

(49-56) Toe, strut, toe, strut, kick ball, step, out, hold

1-2	tap right toe in place - put RF down
3-4	Tap left toe in place - put down LF

(Restart in the 1st wall-12:00; 4th wall-9:00; 8th wall-3:00)

5-6 Kick RF forward - RF small step to the right7-8 LF small step forward - hold 1 count

(57-64) Step, turn 1/4 I, cross, hold, 1/2 turn R, cross, hold (stomp)

1-2 step RF forward - 1/4 L turn3-4 cross RF over LF - hold 1 count

5-6 1/4 R turn, LF step backwards - 1/4 R turn, RF step to the right

7-8 cross LF over RF - hold 1 count

... and from beginning

TAG: Restarts

st wall, Restart after 52 counts 12:00 rd wall, TAG & Restart Count [25-28] 9:00

Count 25-28: RF step forward - weight on LF - RF step backwards - weight on LF and Restart

4 th wall, Restart after 52 counts - 9:00
7 th. Wall, Restart after 32 counts - 3:00
8 th wall, restart after 52 counts - 3:00

* Finish: 11th wall after 12 counts (13-16)

Pivot 1/2 turn R (2x)

1-2 LF step forward - 1/2 R turn3-4 LF step forward - 1/2 R turn

Last Update - 8 Oct. 2020-R3