Salt!!



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音乐: Salt - Ava Max



#16 count Intro - 1 Restart,

Shuffle Forward, Rock Step, Shuffle Back, Rock Step

1&2 Step RF forward, step LF beside RF, step RF Forward

3,4 Step LF forward, weight back onto RF

5&6 Step LF back, step RF beside LF, step LF back

7,8 Step RF back, weight forward onto LF

Restart: On the beginning of wall 10 dance the first 8 count's, then restart dance from the beginning.

Shuffle R, Rock Step, Shuffle L, Rock Step

1&2 Step RF to R side, step LF beside RF, step RF to R

3,4 Step LF back, weight forward onto RF

5&6 Step LF to L side, step RF beside LF, Step LF to L

7&8 Step RF back, weight forward onto LF

Rock step forward R diagonal, Cross back step, 1/4 turn L With Heel Bounce

1,2 Step RF forward to R diagonal, weight back onto LF

3,4 Step RF behind LF, step LF to L side

5 Step RF forward

6,7,8 With weight on both feet turn ¼ to L, while bouncing both heels up & down x3. Ending with

weight on LF (face 09:00).

Cross Touch, Cross Touch, Step Forward, ½ Turn, (With Heel Bounce)

1,2 Touch RF in front of LF, step RF beside LF3,4 Touch LF in front of RF, step LF beside RF

5 Step RF forward

6,7,8 With weight on both feet make a ½ turn L ending with weight forward onto LF (face 03:00)

Option: On count 6,7,8 in section 4

Bouncing both heels up & down x3. Ending with weight on LF