Canadian Summer (P)



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(CAN) - September 2020

音乐: Canadian Summer - Dean Brody



Start: In Double Hand Cross position. The man and lady's steps are the same except if indicated.

Intro: 16 counts.

[1-8] M: ROCK BACK, TRIPLE STEP, STEP FWD, 1/2 TURN L, SHUFFLE BACK

[1-8] L: ROCK BACK, TRIPLE STEP in 1/2 TURN L, STEP FWD, 1/2 TURN L, SHUFFLE BACK

1-2 Rock back R, recover on L

3&4 M: Triple step on place with R,L,R

L: Triple step in 1/2 turn left with R,L,R returning beside the man in Sweetheart position.

*** On count 3, raise both R hands over the lady's head.

*** On count 4, finish in Sweetheart position.

5-6 Step L forward, pivot 1/2 turn to left and step R back

*** On count 6, release both L hands and raise both R hands over the lady's head.

At the end of the 1/2 turn left, take both L hands forward.

The both R hands are now in the man's back.

7&8 Shuffle back with L,R,L

[9-16] M: ROCK BACK, STEP FWD, PIVOT 1/2 TURN L, SHUFFLE FWD, 2X WALK FWD [9-16] L: ROCK BACK, STEP FWD, PIVOT 1/2 TURN L, SHUFFLE FWD, FULL TURN R

1-2 Rock back R, recover on L

3-4 Step R forward, pivot 1/2 turn to left

*** On count 3, release both R hands and raise both L hands.

On count 4, take both R hands in Sweetheart position.

5&6 Shuffle forward with R,L,R 7-8 M : Walk forward with L,R

L: 1/2 turn to right and step L back, 1/2 turn to right and step R forward

*** On count 7, release both L hands and raise both R hands.

*** On count 8, take both L hands and recover Sweetheart position.

[17-24] M: 1/4 TURN R and STEP SIDE, HOLD, TOGETHER, 1/4 TURN L and STEP FWD, STEP FWD, HOLD, TOGETHER, STEP FWD, TOUCH

[17-24] L: 1/4 TURN R and STEP SIDE, HOLD, TOGETHER, 1/4 TURN L and STEP FWD, STEP FWD, TOGETHER, STEP FWD 1/2 TURN L TOUCH

1-2 1/4 turn to right and step L to left, hold

&3-4 Step R together L, 1/4 turn to left and step L forward, step R forward

*** On count 3, release both R hands and raise both L hands.

*** On count 4, take both R hands in Sweetheart position.

5-6 Step L forward, hold

&7-8 M: Step R together L, step L forward, point R to R side

L: Step R together L, step L forward, 1/2 turn to left and touch R together L

*** On count 8, raise both R hands over the lady's head.

Recover to Double Hand Cross position.

[25-32] M: CROSS ROCK STEP, RECOVER, TRIPLE STEP, 2X (WALK FWD), SHUFFLE FWD [25-32] L: CROSS ROCK STEP, RECOVER, TRIPLE STEP in FULL TURN R, 2X (WALK BACK), SHUFFLE

BACK

1-2 Cross rock step R over L, recover on L

*** On count 1, push both R palms together and release both L hands.

3&4 M: Triple step on place with R,L,R

L: Triple step in full turn to right with R,L,R

--- Easy option for lady: Triple step in 1/2 turn to right with R,L,R

*** On counts 3&4, raise both R hands over the lady's head.

Finishing both R hands at the lady's shoulder height, without taking both L hands.

5-6 M : Walk forward with L,R L : Walk back with L,R

--- Lady if you done the easy option at 3&4, do this: 1/2 turn to right and step L back, step R back

*** On count 5, keep both R hands together.

*** On count 6,take both L hands under R hands in Double Hand Cross position.

7&8 M : Shuffle forward with L,R,L7&8 L : Shuffle back with L,R,L

REPEAT and HAVE FUN!
GUY, NANCY, MICHEL & HELENE

Last Update: 26 Apr 2025