Qing Shan Yi Bie (青山一別)



拍数: 64

墙数:4

级数: Phrased Improver

编舞者: Tan Chew Heng (MY), Adeline Chang (MY) & Nina Chen (TW) - September 2020

音乐: Qing Shan Yi Bie (青山一别) (DJ沈念版) - Hai Lai A Mu (海來阿木)

Intro : 32 counts

Sequence: Intro dance/ A, A, A, A/ B, B, B, B, A, A/ B, B, B, B, B / tag (17-32), Tag

Intro dance (Tag): 32 counts

- 11: WALK FWD, SIDE CROSS TOUCH SIDE CROSS TOUCH
- 1-4 Walk fwd on R, L, R, L
- 5-8 Step RF to R Touch LF over RF Step LF to L Touch RF over LF

12: WALK BACK, SIDE - CROSS TOUCH - SIDE - CROSS TOUCH

- 1-4 Walk back on R, L, R, L
- 5-8 Step RF to R Touch LF over RF Step LF to L Touch RF over LF

13: CHASSE R, ROCK BACK - RECOVER, CHASSE L, ROCK BACK - RECOVER

- 1&2, 3-4 Step RF to R Step LF beside RF Step RF to R, Rock LF back Recover on RF
- 5&6, 7-8 Step LF to L Step RF beside LF Step LF to L, Rock RF back Recover on LF

14: SIDE - TOUCH - SIDE - TOUCH, SIDE - TOUCH - HIPS BUMP

- 1-4 Step RF to R Touch LF beside RF Step LF to L Touch RF beside LF
- 5-6, 7&8 Step RF to R Touch LF beside RF, Step LF to L while bump hips twice

Part A: 32 counts

A1: VINE TO R WITH TOUCH, ROLLING VINE WITH TOUCH

- 1-4 Step RF to R Cross LF behind RF Step RF to R Touch LF beside RF
- 5-8 1/4 turn L (9:00) step LF fwd 1/2 turn L (3:00) step RF back 1/4 turn L (12:00) step LF to L - Touch RF beside LF

A2: HALF RUMBA BOX, BACK SHUFFLE, HALF RUMBA BOX, FWD SHUFFLE

- 1-2, 3&4 Step RF to R Step LF beside RF, Back shuffle (R L R)
- 5-6, 7&8 Step LF to L Step RF beside LF, Fwd shuffle (L R L)

A3: SIDE ROCK - RECOVER, CROSS SHUFFLE, SIDE ROCK - 1/4 R RECOVER, FWD SHUFFLE

- 1-2, 3&4 Rock RF to R Recover on LF, Cross shuffle (R L R)
- 5-6, 7&8 Rock LF to L 1/4 turn R (3:00) recover on RF, Fwd shuffle (L R L)

A4: ROCKING CHAIR, 1/8 R KICK BALL CHANGE. (x2)

- 1-4 Rock RF fwd Recover on LF Rock LF back Recover on LF
- 5&6, 7&8 1/8 turn R (4:30) kick RF fwd Step RF beside LF Step LF in place, 1/8 turn R (6:00) kick RF fwd Step RF beside LF Step LF in place

Part B: 32 counts

B1: WALK FWD, SIDE - CROSS TOUCH - SIDE - CROSS TOUCH

- 1-4 Walk fwd on R, L, R, L
- 5-8 Step RF to R Touch LF over RF Step LF to L Touch RF over LF

B2: WALK BACK, SIDE - CROSS TOUCH - SIDE - CROSS TOUCH

- 1-4 Walk back on R, L, R, L
- 5-8 Step RF to R Touch LF over RF Step LF to L Touch RF over LF

B3: CHASSE R, ROCK BACK - RECOVER, CHASSE L, ROCK BACK - RECOVER



1&2, 3-4 Step RF to R - Step LF beside RF - Step RF to R, Rock LF back - Recover on RF

5&6, 7-8 Step LF to L - Step RF beside LF - Step LF to L, Rock RF back - Recover on LF

B4: SIDE - TOUCH - SIDE - TOUCH, SIDE - 1/4 L HOOK, FWD SHUFFLE

- 1-4 Step RF to R Touch LF beside RF Step LF to L Touch RF beside LF
- 5-6, 7&8 Step RF to R 1/4 turn L (9:00) hook LF, Fwd shuffle (L R L)

Have Fun & Happy Dancing!!!

Contact Nina Chen : nina.teach.dance@gmail.com