Free and Easy



拍数: 32 墙数: 4 级数: Intermediate

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音乐: Free and Easy (Down the Road I Go) - Dierks Bentley



Start dance on lyrics

2 SHUFFLE DIAGONAL FORWARD RIGHT-LEFT, JAZZ BOX,

Shuffle diagonal right forward (right-left-right)
Shuffle diagonal left forward (left-right-left)
Cross right over the left, Step left diagonal back
Step right to the right side, Cross left over the right

Restart on Wall 7 after 8 counts Tag on Wall 11 after 8 counts

POINT SWITCHES, HEELS SWITCHES, 1/2 TURN TO LEFT, STEP, POINT

1&2& Touch right toe to right side, step right to center, touch left toe to right side, step left to center

3&4& touch right heel forward, step right to center, touch left heel forward, step left to center

5-6 Step right forward, ½ turn to left

7-8 Step right forward, point left behind the right foot

1/2 TURN TO LEFT and SHUFFLE FW, 1/2 TURN TO LEFT and SHUFFLE BACK, COASTER STEP, WALK

1&2
½ turn to left and shuffle forward left-right-left
3&4
½ turn to left and shuffle back right-left-right

5&6 Left Step back, Right step together, Left step forward

7-8 Step right forward, step left forward

Restart on Wall 2 and 11, after 24 counts

2 RIGHT KICK FORWARD-DIAGONAL, SAILOR STEP, 2 LEFT KICK FORWARD-DIAGONAL, 1/4 TURN TO LEFT and COSTER STEP

1-2 Right kick forward, right kick diagonal

3&4 Cross right behind left, Step left beside right, Step right side

5-6 Left kick forward, left kick diagonal

7&8 ½ turn to left and Left Step back, Right step together, Left step forward

REPEAT

*1° Restart: at 2 wall, after 24 count **2° Restart: at 7 wall, after 8 count ***3° Restart: at 11 wall, after 24 count

Tag: 4 count (at 11° wall, after 8 count)

1-4 point right toe behind left foot 4 times (resume the dance from the 9th count)