

Getcha

拍数: 32 墙数: 4 级数: Beginner
编舞者: Rob McKean (CAN) - 2 October 2020
音乐: Getcha - Matt Lang



Start dance on the lyrics

Step Forward, Twist, Step Forward, Twist

1-4 Step forward on R, twist left heel to right, twist left toes to right, twist left heel to right

5-8 Step forward on L, twist right heel to left, twist right toes to left, twist right heel to left.

(Your weight should remain on the foot you step forward on while you twist the opposite foot towards it. Your weight should be on your L at count 8)

Strut Forward, Kick Twice, Rock Back, Recover

9-12 Step forward on R toe, step down on R, step forward on L toe, step down on L

13-16 Kick R foot forward twice, rock back on R, recover on L

(Re-start dance here during 7th sequence.)

Step, Slide, Step, Scuff, Repeat

17-24 Step forward on R, slide L up beside R, step forward on R, scuff L, Step forward on L, slide R up beside L, step forward on L, scuff R

½ Pivot, ¼ Pivot, Vine Right

25-28 Step forward on R, pivot ½ turn L, step forward on R, pivot ¼ turn R

29-32 Step side right, cross L behind R, step side right, step together on L